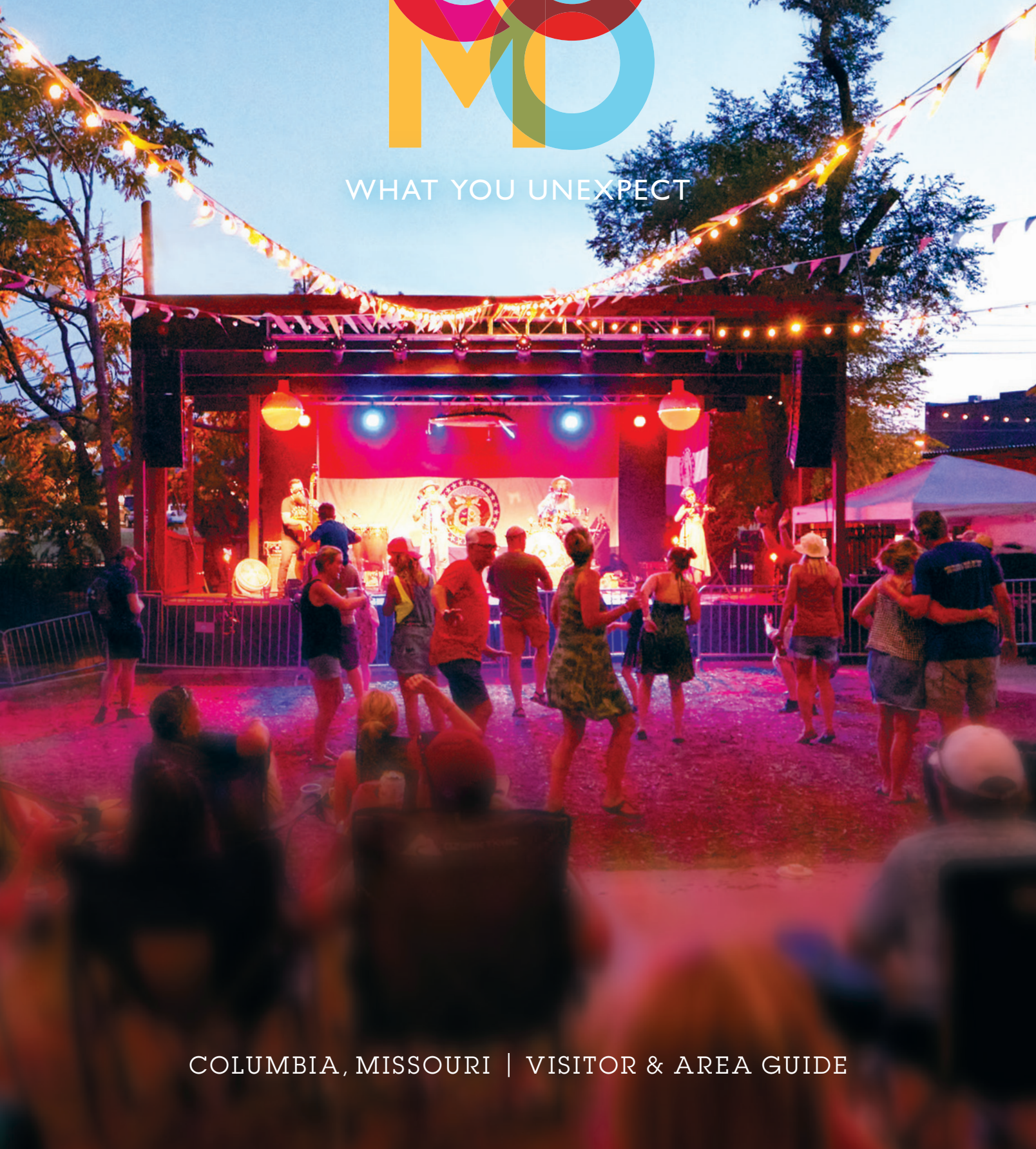




WHAT YOU UNEXPECT



COLUMBIA, MISSOURI | VISITOR & AREA GUIDE



IT'S GOOD TO BE HERE



600+ Businesses

5,000 Residents

70+ Bars and Restaurants

Live Music

Public Art Installations

Fashion and Food

Discover the District!

Nestled between three college campuses, The District encompasses 50 square blocks of Columbia's historic downtown. It's a vibrant hub of business and culture—the heart of CoMo. If it's happening, it's happening here.

Come discover the best of Columbia, an eclectic mix of boutique shopping, local cuisine, exciting nightlife, art galleries, coffee shops, yoga studios, concerts, festivals, cinema and more.

With more than 110 unique shops, 70 bars and restaurants, and dozens of live performances each week, there's always something to do!

Scan the code below to sign up for The District's weekly newsletter.

discoverthedistrict.com





ON THE COVER
Rose Music Park
Photo provided by
Columbia Convention
and Visitors Bureau.

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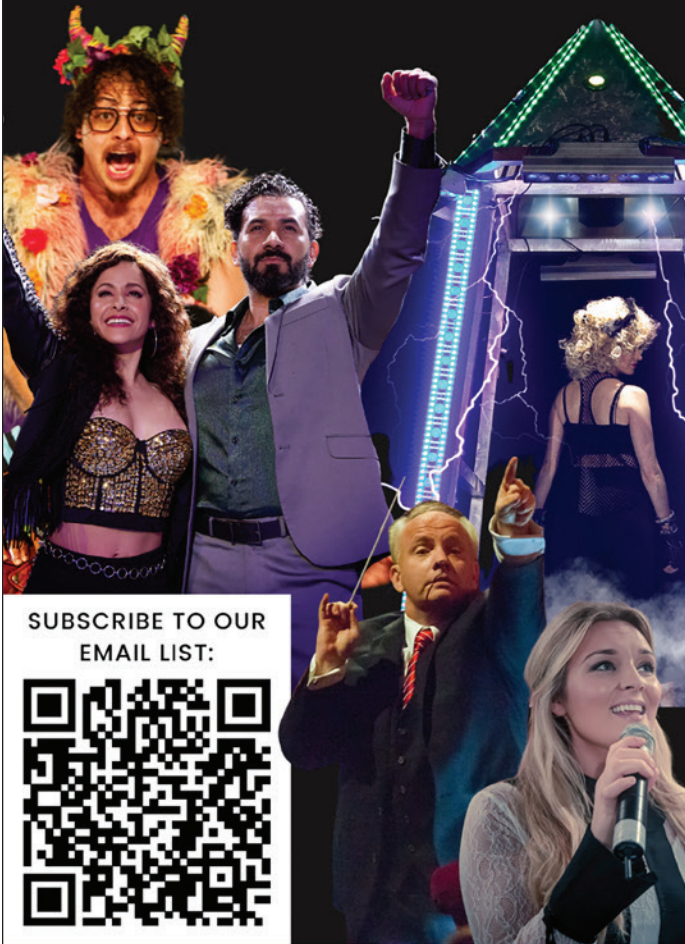


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tickets@concertseries.org
concertseries.org



COLUMBIA, MO
WHAT YOU UNEXPECT

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Hotel Room Availability: 573-874-CITY (2489)
VisitColumbiaMO.com

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**Vibrant.
Impassioned.
Individual.**

Three words that describe our Columbia community—and also our mayor, Barbara Buffaloe, elected in 2022.

Mayor Buffaloe hails from Springfield, Illinois. She says she fell in love with Columbia on her initial visit when touring college campuses—a love that hasn't let up—only intensified.

"I just love Columbia," she says. "I mean, it's the people, it's the vibrancy. We have a lot to do here. Good places to eat, awesome festivals, the parks. The University is obviously a big name, but it's not the only name—we have a lot going for us."

She says Columbia's a very easy place to get around—whether by car, bike,

or foot. When people come here, they often contact the Mayor's office, she says, and comment that we're such a welcoming community. "They're not used to random people saying hi to them when they're walking down the street," the Mayor says. Another big CoMo plus? "There are so many unexpected treasures," Buffaloe says. "There are the normal places you go—the downtown, Mizzou games, Cosmo Park, Stephens Lake. But we have so many different neighborhood trails and neighborhood parks all within minutes from downtown or campus. I encourage people to 'get lost' when they're in town."

She explains: "Because we're such a creative, vibrant community, people have these little things in their own neighborhoods." She cites one example: "A friend of mine makes tiny houses out of clay and hides them around town. Get lost, and you're going to find some amazing things."

Buffaloe was considering attending Mizzou because she wanted to be an architect, something she realized at about age 8. Recalling a family visit to the San Francisco area and Hearst Castle, she saw a statue of Saint Barbara, the patron saint of architects. Buffaloe also

learned the architect of Hearst castle was Julia Morgan, a woman. She remembers thinking, "Well, I love playing with Legos, I love drawing, and if women can do this, well, I'll just do that."

And so she came to Mizzou. She first earned her BS in Environmental Design; an MS in Environment and Behavior followed.

Other than a brief stint in St. Louis with an architecture firm, Buffaloe has remained in Columbia.

She was a housing and environmental design specialist with the University of Missouri Extension for just over three years.

Before that, she served two years as events coordinator for the True/False Film Festival—CoMo's annual cinematic celebration of documentary films.

In 2010, she became Columbia's first sustainability director, working with a wide variety of city departments on many types of projects—a job she says piqued her interest in running for mayor.

She cites several issues she wants to impact in her mayoral role: Affordable housing, stable employment, clean drinking water, responsible recycling, and safe, reliable electricity.

This former student of architecture is now an architect of Columbia's future—a role and challenge she's eagerly taking on.

A FEW FUN FACTS ABOUT OUR MAYOR ...

As a kid,
Mayor Buffaloe
won a contest
to be a Chicago
Cubs bat girl.

Mayor Buffaloe says
one thing every
visitor to Columbia
must do is eat
downtown.

Despite the customary
lilac locks that grace her
side swept bangs, Mayor
Buffaloe's favorite color
is **red**. "I just love red! I think
it's such a bold color. It's a
powerful, happy color."



VISITOR SERVICES

Convention and Visitors Bureau, Tourist Information Center
300 S. Providence Road
Open 8-5, Mondays-Fridays
573-874-CITY (2489)

Chamber of Commerce
ColumbiaMoChamber.com
573-874-1132

City of Columbia
CoMo.gov
573-874-CITY (2489)

Missouri State Parks
MoStateParks.com
800-334-6946

Missouri Division of Tourism Travel Info
VisitMo.com
573-751-4133

Missouri Department of Transportation
MoDOT.mo.gov
888-275-6636

The District
DiscoverTheDistrict.com
573-442-6816

EMERGENCY 911
Non-Emergency Police 311

Missouri Highway Patrol
573-751-3313

Road Conditions
888-275-6636

Suicide & Crisis Hotline
988

GENERAL
Columbia College
CCIS.edu
800-231-2391

Columbia Public Library
DBRL.org
573-443-3161

Columbia Public Schools
CPSK12.org
573-214-3400

Parks & Recreation
CoMo.gov/ParksAndRec
573-874-7460
Cancellation hotline
573-874-7663

Regional Economic Development
ColumbiaREDI.com
573-442-8303

Stephens College
Stephens.edu
573-442-2211

University of Missouri
Missouri.edu
573-882-2121

Athletic Ticket Office/ Mizzou Arena
573-884-PAVVS,
800-CAT-PAVVS

Disabled Information Services for Independent Living
SILColumbia.org
573-874-1646

PHYSICIAN REFERRALS
Boone Hospital Center
Boone.org
573-815-8000

Columbia Orthopedic Group
ColumbiaOrthoGroup.com
573-443-2402

Ellis Fischel Cancer Center
MUHealth.org
573-882-2100

Missouri Orthopaedic Institute
MUHealth.org
573-882-2663

Truman VA Hospital
ColumbiaMO.va.gov
573-814-6000

University Hospital
MUHealth.org
573-882-4141

Women's and Children's Hospital
MUHealth.org
573-875-9000

EMERGENCY PET CARE
Horton Discovery Animal Hospital
HortonDiscovery.com
573-777-3609

Small Animal Hospital/ MU Veterinary Health Center
VHC.Missouri.edu
573-882-7821
573-882-4589

TRANSPORTATION
5 Star Taxi
573-449-7827

AMTRAK (Jefferson City)
Amtrak.com
800-872-7245

Celebration Limousines
MidMoPartyBus.com
573-489-9070

Concierge Taxi
TaxiColumbiaMO.com
573-355-7808

GoCOMO (Public Transit)
GoCOMOTransit.com
573-874-2489

COLUMBIA MALL



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Exciting shopping, dining and entertainment with over 90 stores and 9 restaurants all in one convenient location at Stadium and I-70. VisitColumbiaMall.com

TRANSPORTATION CONT'D

**Columbia Regional
Airport**
FlyCOU.com
573-874-CITY (2489)

Greyhound Bus Lines
(to Kansas City &
St. Louis daily)
Greyhound.com
573-449-2416

**MO-X Airport Shuttle/
Doc & Norm Direct**
MoExpress.com
877-669-4826

Lyft and **Uber** services are
available in Columbia.

*Non-vehicle rental options are
available in Columbia:*

Bird
Go.Bird.com

**Pedego Electric
Bike rentals**
574-300-3997
PedegoElectricBikes.com
/dealers/columbia/

Walt's Bike Shop
573-886-9258
WaltsBikeShop.com

GET "ART"SIDE AND ENJOY THE VIEW DISCOVER COLUMBIA'S CACHE OF PUBLIC ART

If you're an art lover, you're in the right place. Columbia is a highly art-centric city. You'll find Columbians share a common culture when it comes to art: We celebrate, appreciate, and create art in all forms. We support and showcase art in our galleries, on the inside and outside of our homes, in our buildings, in our parks, on our streets, hanging over our streets, in our restaurants, and more.

From the North Village Arts District (NVAD) all the way out to Stephens Lake Park—site of the Columbia Art League's annual Art in The Park event—and sprinkled throughout the blocks in between, you'll find art abounds in our town.

Public art is spread all across Columbia. Not surprisingly, you'll find much of it concentrated in The District, our downtown. Whether it's a multicolored mosaic, multicultural murals, a storied statue, mixed-media sculptures, or even a traffic box, you're likely to stumble across it. And although ambling aimlessly around CoMo is always fun, some people prefer to plan. If that's the case, plan to visit the City of Columbia's website (CoMo.gov/cultural-affairs/arts-in-columbia/public-art-gallery) and check out the maps, guides, and even an app it offers, to help you take a self-guided art tour.



LOCAL TIP

There's a really cool piece of public art at the Daniel Boone Regional Library at 100 West Broadway. The steel piece is by artist Albert Paley and was installed in 2002. See if you can decipher the meaning of Cyphr.

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BROWN**

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With so many fun and fascinating things to explore in Columbia, it'd be easy for visitors to experience FOMO (Fear of Missing Out) in CoMo. But relax! This "can't miss" list can help you avoid FOMO and give you a good feel for the people, vibrant vibe, and history of Columbia, Missouri. While there would never be enough room to list the many amazing experiences the city can serve up, these will give you a good start. They're sure to whet your appetite for a return trip!



Mid-Missouri rock climbers and rappellers flock to **Capen Park** for craggy climbs on its limestone bluffs. Capen's different routes, from slabby face climbs to overhanging roofs, provide a vast variety of challenges. Close to Columbia, the scenic setting along Hinkson Creek makes it a great resource for outdoor enthusiasts. At just under 32 acres, the park also features hiking trails, scenic overlooks, and bridge connections to Grindstone Nature Area and the Hinkson Creek Trail.



If you're in the mood for vino with a view, wend your way to **The Blufftop A-Frame Winegarden at Les Bourgeois Vineyards** in Rocheport. Perched atop a prime spot overlooking the scenic Missouri River, it's a corker of a place to relax and enjoy a glass of the winery's libations. You can also purchase shareable picnic-style bites from The A-Frame restaurant, and enjoy regular live music featuring local and regional musicians during warm weather.

Stephens Lake Park is a delightful destination for all kinds of activities. It offers 116 acres of playgrounds, spraygrounds, waterfalls, a fishing lake, a swimming beach, soccer fields, picnic areas, walking trails, and of course, gardens. A true treasure, this beautiful city park features several must-sees, including the Darwin and Axie Hindman Discovery Garden, created to connect visitors with the botanical world and show how it impacts their lives.

When the first Friday of December rolls around, The District in downtown Columbia comes alive—literally!—treating visitors to a merry and magical event called **Living Windows**. Merchants stage scenes and skits featuring live performers in their street-facing windows. These often elaborate and entertaining performances reflect each year's chosen theme. Sprinkle in some Santa sightings, candy cane giveaways, and other joys of the season, and you have an event made for memories.

Stroll around **Francis Quadrangle** (The Quad) on Mizzou's campus and you'll spy six iconic—and Ionic—columns made with local limestone. They originally supported the first campus building, Academic Hall. After a fire in 1892, the columns are all that remain, standing as a testament to the university's heritage. At Halloween, they're often topped with pumpkins, courtesy of some intrepid campus climbers.

➤ Since its debut in 2014, **Logboat Brewing Co.** has earned a boatload of loyal fans. Besides brewing amazing ales and other styles of beer, the large outdoor “shipyard” area became a popular place to quench your thirst for chillin’ with friends, family, and Fido. In late 2021, the brewing bastion announced it was expanding. Among the plans: Upgrading the loading dock, elevating the grain silos, adding nearly 20,000 square feet of production space, putting an awning over the entire beer garden, as well as adding an elevated patio and container bar, building a second bar upstairs, installing an elevator, and opening a dedicated merchandise shop at the entrance. The expansion’s set to open in 2023.

➤ Retrace Columbia history with a visit to the **Columbia Cemetery** on East Broadway. It’s been in use as a cemetery since 1820 and is a who’s who of prominent Columbia citizens, as well as regular folks. You may recognize some of the names on the graves, as they grace local street signs and several buildings on the MU campus.

➤ If you’re looking for a magical moment, watch a stunning sunset at **Cooper’s Landing**. Established in 1989, this combo campground/marina/store/live music venue sits on the banks of the Missouri River just off the Katy Trail. Cooper’s has live music of all sorts on its stage. Grab a sammie and libation from Cooper’s store or from a visiting food truck. Fun fact: Cooper’s is the only boat fuel station on the Missouri River between Kansas City and St. Louis.



⤴ How sweet it is! You can never go wrong with chocolates, right? In Columbia, when choice chocolates are what you want, head to **The Candy Factory**. This sweet-tooth-satisfying source has been in business since 1974. Known for all of its sweet treats, the business’s chocolate-covered strawberries are particularly popular for Valentine’s Day. Also offering a great selection of nonedible, inspirational gift items, this is one factory you’ll want to clock into!



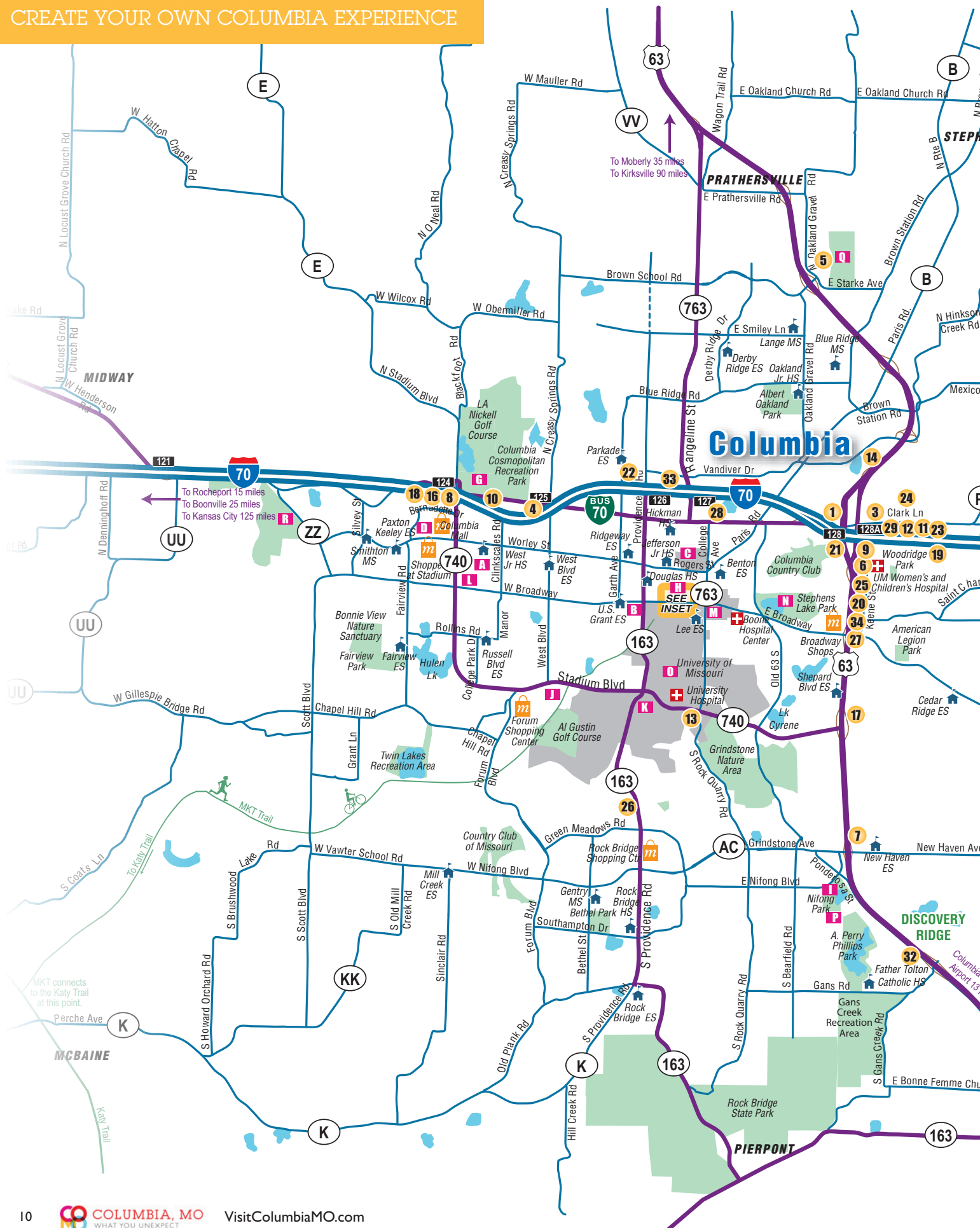
⤴ Originally named Mojo’s, **Rose Music Hall** first opened in 1999. It was later rechristened in honor of Forrest Rose, a gifted local writer and musician, after his unexpected death in 2005. The live music venue keeps Rose’s musical legacy alive, hosting talented artists such as Arcade Fire and The Black Keys before they both hit it big. Rose offers an indoor space with a full bar, elevated stage, pub tables and chairs, and a kitchen. Weather permitting, guests can also enjoy outdoor music in adjoining Forrest Rose Park. Rose’s sister venue, **The Blue Note** on North Ninth Street, is a larger space in an historic theater.

➤ College towns and pizza places are a match made in heaven. And it’s hard to match enjoying a pizza at **Shakespeare’s**. A longtime hangout for students at the corner of Ninth and Elm Streets, “Shakes” is turning 50 this year. The prized pizza palace now has three locations in the city. And while the pies will have you droolin’—no foolin’—the atmosphere really makes Shakes one-of-a-kind.



THINGS TO DO

CREATE YOUR OWN COLUMBIA EXPERIENCE





Local Favorites

Points of Interest & Accommodations

POINTS OF INTEREST:

- A** Activity & Recreation Center (ARC)
- B** Columbia Cemetery
- C** Columbia College
- D** Columbia Mall
- E** Columbia Regional Airport
- F** Convention and Visitors Bureau Visitor Information Center (see inset)
- G** Cosmo Park
- H** The District - Columbia's Vibrant Downtown
- I** Boone County History & Culture Center
- J** Martin Luther King, Jr. Memorial & MKT Trail Access
- K** MU Faurot Field/Hearnes Center/Mizzou Arena
- L** Shelter Insurance Gardens
- M** Stephens College
- N** Stephens Lake Park
- O** University of Missouri (MU)
- P** Columbia Sports Fieldhouse
- Q** Atkins Park
- R** Harmony Bends at Strawn Park

ACCOMMODATIONS:

- 1** Best Western Plus
- 2** The Broadway - A DoubleTree by Hilton (see inset)
- 3** Candlewood Suites
- 4** Comfort Suites
- 5** Cottonwoods RV Park
- 6** Country Inn & Suites by Carlson
- 7** Courtyard by Marriott
- 8** Drury Inn & Suites
- 9** Drury Plaza Hotel
- 10** Extended Stay America
- 11** Fairfield Inn & Suites by Marriott
- 12** Hampton Inn Columbia
- 13** Hampton Inn & Suites at MU
- 14** Hilton Garden Inn
- 15** Holiday Inn East
- 16** Holiday Inn Executive Center
- 17** Holiday Inn Express & Suites
- 18** La Quinta Inn & Suites
- 19** Motel 6
- 20** Quality Inn & Suites
- 21** Ramada Inn & Suites
- 22** Red Roof Inn
- 23** Residence Inn by Marriott
- 24** Springhill Suites
- 25** Staybridge Suites
- 26** Stoney Creek Hotel
- 27** Suburban Extended Stay
- 28** Super 7
- 29** Super 8 Clark Lane
- 30** Super 8 East
- 31** The Tiger Hotel (see inset)
- 32** Towneplace Suites by Marriott
- 33** Welcome Inn
- 34** Wingate by Wyndham

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First Fridays
in The North
Village Arts
District



SOMETHING FOR NOTHING

Whether you're visiting Columbia for a day or you call it home, having activity options that don't break the bank can afford you more experiences for your buck. In the Columbia community, there are places to visit and unique adventures to be had for next to nothing or free.

The sights, sounds, and smells at a Columbia-area farmers' market are always free. Bring the family out to hear local entertainment while shopping with hundreds of area farmers, producers, and makers. You might even find something yummy for a snack or dinner. The **Columbia Farmers Market** on West Ash Street also gives out free kids activity kits that center on plant and food education.

Throughout the city, parks and trails offer locations for everything from picnicking and fishing at **Stephens Lake Park** to horseshoes and tennis at **Cosmo-Bethel Park** to walking and biking on one of the city's dozens of groomed or paved trails (see page 18 for a complete listing). Take a break from shopping in The District at **Flat Branch Park** on Locust Street, where you can rest a bit on the tiered seating while the kiddos splash around the spraygrounds on a hot summer day.

If you need some space to let your furry friends run with abandon, **Twin Lakes Recreation Area** is a great spot to let them off-leash. There are three leash-free dog park areas at **Twin Lakes**, one specifically for smaller dogs. There is also a playground, a fishing lake, picnic areas, and walking trails for the whole family to enjoy.

Just outside the city limits, **Rock Bridge State Park** to the south and **Finger Lakes State Park** to the north are beautiful in every season. In the summer, you can cool off at Conner's Cave at Rock Bridge or jump in a kayak at Finger Lakes.

A bit of creativity brightens up any day, and at **First Fridays** providing those kinds of sights is what the artists and businesses that host this monthly event do best. At this free event the first Friday of each month in the **North Village Arts District**, you can watch local artists at work at **Orr Street Studios**, or peruse regional, national, and international fine arts at **Sager Reeves Gallery** and enjoy creative activities, all of which are centered on imagination.

There is much to see and experience for free in Columbia when you get out and enjoy the community.

FAMILY ACTIVITIES

AMF Town and Country Lanes
1508 N. Providence Road
573-442-4729

AMF.com/location/amf-town-country-lanes-mo
AMF Town & Country Lanes offers traditional bowling on 32 lanes, an interactive arcade, and billiards.

The ARC (Activity & Recreation Center)
1701 W. Ash St.
573-874-7700

CoMo.gov/parksandrec/facilities/activity-recreation-center-arc
Modern recreation facility with indoor leisure pool (triple loop water slide, lazy river interactive water play feature, hydrotherapy pool, and lap lanes), gymnasium, indoor track, and cardio/strength training zones.

Bonkers
3812 Buttonwood Drive
573-499-0366

BonkersColumbia.com
Family fun center with food court, arcade, indoor playground, and special play area for toddlers.

The Candy Factory
701 Cherry St.
573-443-8222

TheCandyFactory.biz
Columbia's hometown candy shop where chocolates and other confections are made fresh daily. Bring your family and watch candies be made in the production facility (call ahead for viewing times) and take pictures in the "Candy Land" themed viewing room.

Daniel Boone Regional Library
100 W. Broadway
573-443-3161

DBRL.org
State-of-the-art library with extensive children's area that includes an interactive early learning activity center, classes/events for all ages, and free wireless internet.

Goodrich Forum 8 Theater
1209 Forum Katy Pkwy.
573-446-3223

GQTMovies.com/missouri/forum-8
Movie theater with eight screens and stadium seating.

Carousel at the Columbia Mall
1-70 & Stadium Blvd.
573-445-8459

VisitColumbiaMall.com
Columbia Mall features a grand carousel, Cafe Court, family restrooms, nursing room, shops, and more.

Level Up Entertainment
2300 Bernadette Drive, Ste. 228
573-615-0443

LevelUpTheFun.com
Level Up Entertainment offers

12 lanes of bowling, a "Streets of New York" themed laser tag arena, a ropes course, party rooms, a restaurant and full bar, mini-golf, plus more than 65 arcade games and a host of pinball games.

Midway Golf & Games
5500 W. Van Horn Tavern Road
573-445-8100

MidwayGolfGames.com
Midway Golf & Games is a year-round attraction with a ton of fun outdoor games and activities. It offers a new 18-hole miniature golf course; state-of-the-art electric go-kart track; an updated driving range, 16-hole par-3 course; foot golf; batting cages; archery tag; outdoor axe throwing booths; a limited snack bar, and a lawn area with a pavilion and yard games. Visit the Pro Shop for golfing gear, custom club fittings, and lessons.

The Mud Room
111 S. Ninth St., Ste. 140
573-441-1683

MudRoomStudio.com
Classes are available for children and adults. Paint on hundreds of pre-made ceramic pieces or make your own pottery. Walk-ins welcome.

Tiny Town Play Cafe
901 E Nifong Blvd., Suite B
573-554-5960

TinyTownPlayCafe.com
Tiny Town Play Cafe is an indoor playspace + full coffee shop geared toward families of children ages 0-9. It serves local Camacho coffee and espresso and pastries from local bakers such as Range Free and The Blakery. The Tiny Town Play Cafe playspace includes six child-sized playhouses: a grocery store, a school, an office, a house, a vet clinic, and a construction site. Kids can go inside, dress up, and partake in imaginative play.

Regal Columbia & RPX
2800 Goodwin Pointe Drive
844-462-7342

RegMovies.com
Movie theater with full arcade and private parties by arrangement.

Sky Zone
1201 American Pkwy.
573-309-9600

SkyZone.com/columbiamo
Wall-to-wall aerial action for all ages, including a warrior course, ultimate dodgeball, SkySlam, freestyle jumping, and a toddler zone. The highest level of fun.

Tiger Bounce
3601 Buttonwood Drive
573-443-3695

TigerBounceColumbia.com
Tiger Bounce has inflatable bounce houses, a skating/multipurpose floor, soft play climbing structure, and full concession options designed for children 13 years and younger.



The State
Historical
Society of
Missouri

SITES & STORIES

THE PAST IN THE PRESENT

Getting to know Columbia through its history and architecture helps you appreciate the city even more. These venues help you explore and appreciate CoMo's fascinating past.

Blind Boone Home 10 N. 4th St.

573-499-0039
BlindBooneHome.com
The restored 1880s-era home of famed concert pianist John William "Blind" Boone is open by appointment for tours and is available for small events.

The Centralia Battlefield
19101 N. Rangeline Road, Centralia
MoCivilWar.org
One of the bloodiest battles of the Civil War occurred on this historic site Sept. 27, 1864. Confederate guerillas surprised and defeated 120 Federal soldiers.

Columbia Cemetery
30 E. Broadway
573-449-6320
ColumbiaCemetery.org
At Columbia's historic cemetery, pioneer families of the city are buried alongside university presidents, professors, and other prominent Columbia citizens, plus veterans of every war since the Revolution. The cemetery is listed on the National Register of Historic Places.



LOCAL TIP

Download the Otocast app to access a tour of Columbia's African-American Heritage Trail, a two-mile walking trail featuring 36 points of interest through Columbia's historic Black business district, Sharp End, and other downtown locations.

Firestone Baars Chapel
1306 E. Walnut St.
Stephens College Campus
573-876-7257
St. Louis Arch architect Eero Saarinen designed the chapel, which features a four-foyer design and can be rented for weddings.

Francis Quadrangle
8th & Elm Streets
573-882-2456
Missouri.edu/visit/contact
Francis Quadrangle captures the spirit and tradition of MU. The quad includes numerous buildings on the National Register of Historic Places, such as the Residence, where university presidents and chancellors have lived since 1867, along with the iconic Columns, all that remain of the original Academic Hall, which burned down in 1892.

Jewell Cemetery State Historic Site
Adjacent to 2805 S. Providence
573-449-7402
MoStateParks.com
Jewell Cemetery State Historic Site contains the grave of Missouri's 22nd governor (1875-1877), Charles Hardin, along with descendants of George Jewell. There are also about 20 unlettered limestone blocks that are presumed to mark the graves of slaves owned by the Jewell family.

Missouri Theatre
203 S. Ninth St.
573-882-3781
ConcertSeries.Missouri.edu
Built in 1928, the Missouri Theatre is mid-Missouri's only pre-Depression era movie palace/vaudeville stage and is listed on the National Register of

Historic Places. Beautifully restored in 2008, this "gem of a show palace" features elegant decor.

The State Historical Society of Missouri
605 Elm St.
573-882-7083
SHSMO.org
The SHSMO houses a vast art collection featuring George Caleb Bingham and Thomas Hart Benton, as well as 3,500+ titles of historic Missouri newspapers, 100,000+ photographs, 4,000+ maps, and much more.

Stephens College Historic Quadrangle
Corner of Broadway and College Avenue, Stephens College Campus
573-876-7207
Stephens.edu
The Stephens College Historic Quadrangle comprises Columbia, Wood, and Hickman Halls, the President's Home, and Historic Senior Hall.

Boone County History and Culture Center & Village at Boone Junction
3801 Ponderosa
573-443-8936
BooneHistory.org
Boone Junction is a collection of four historic buildings relocated to Columbia's Nifong Park and features the fully furnished 1820 Gordon-Collins Log Cabin and the 1920s-era Easley Country Store. The McQuitty House and the Victorian-era Ryland Farmhouse complete the village. North of the village sits the historic Maplewood House, built in 1877 and on the National Register of Historic Places. Open for tours April through October by appointment only. Tour fees apply.

Cottonwoods RV Park & Campground

5170 N. Oakland Gravel Road
Columbia, MO 65202

573-474-2747

www.cottonwoodsrvpark.com

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Memorial
Stadium,
University of
Missouri

THE QUINTESSENTIAL COLLEGE TOWN EXPERIENCE

If you're coming to Columbia for a college sporting event, rest assured the experience will be everything you expect it to be in this quintessential college town. In Columbia, University of Missouri Tigers, Columbia College Cougars, and Stephens Stars—both students and alumni—are waiting to give guests a warm welcome through time-honored traditions, great food, live music, and iconic landmarks, before, during, and after the competition.

Tradition runs deep at MU. The university is the birthplace of the homecoming tradition practiced worldwide. It began in 1911, when then-athletic director Chester Brewer invited alumni home for the football game with the University of Kansas. Attending a football game also offers visitors a chance to see the result of another tradition: Each year, incoming Tigers give the rock M on the north end zone a fresh coat of white paint. And the “M-I-Z, Z-O-U” chant echoes across fields, courts, and stadiums anytime even a few Tigers gather.

Those chants are especially prominent at the tailgates surrounding Faurot Field. The fan tailgating setups run the gamut from super simple—think a popup team-branded tent for shade, a cooler of cold brews, and carryout from a local place—to the seriously over-the-

top RV-based bash, complete with a big screen TV, elaborate Tiger trappings, Tiger tumblers, plates, and serving dishes, and bountiful buffets.

Game day eats don't get any better than a Booches burger or a slice of Shakespeare's Pizza, and across the city, local chefs, hash slingers, and foodies are coming up with culinary creations for even the pickiest of palates. Check out Beet Box, one of Columbia's newer eateries, where the chefs concoct creative concepts and new recipes daily, or Murry's where guests have been gifted with a little jazz with their meal for more than 35 years.

Speaking of music and culture, Columbia takes pride in the many venues available to experience art, both of note and canvas. The Blue Note has become a music and comedy institution, not only known locally but nationwide for finding and promoting up-and-coming acts. And in the North Village Arts District, you can find a special, one-of-a-kind souvenir to take home with you.

For any sport or any season, Columbia-area dining, entertainment, shopping, and lodging will provide that extra “umph” you're looking for when cheering on the Tigers, Cougars, and Stars.

Ticket to Success

Interested in the season's schedule or want to buy tickets to a Tigers game? Visit **MUTigers.com** to find all the info you need to know. The site also includes links to shop the official online Mizzou team store, as well as the official online SEC store.

In need of game day gear right away? Check out the local Columbia stores that carry gear at the bottom of the page.

Check Your Bags

Follow the SEC clear bag policy for all SEC sports events.

You can find the policy—along with helpful images of approved bags—on **MUTigers.com** by searching “clear bag policy.” Here are some of the highlights:

- Bags must be clear plastic, vinyl, or PVC and not exceed 12-inch by 6-inch by 12-inch.
- One-gallon, clear plastic freezer bags
- Small clutch bags that do not exceed 4.5-inch by 6.5-inch
- An institutionally approved logo no larger than 4.5-inch by 3.4-inch on one side of permissible clear bag

Game Day Gear

- **The Mizzou Store**
911 E. Rollins (on campus)
- **Tiger Team Store**
600 E. Stadium (on the north side of Memorial Stadium)
- **Rally House**
808 E. Broadway
- **Tiger Spirit**
111 S. Ninth St.

COLUMBIA COLLEGE

573-875-7352 | CCIS.edu

Founded in 1851 in Columbia, Missouri, Columbia College has been helping students advance their lives through higher education for more than 170 years. As a private, nonprofit institution, the college takes pride in its small classes, experienced faculty, and quality educational programs. With more than 40 locations across the country, students may enroll in day, evening, and online classes. The college is accredited by the Higher Learning Commission and has more than 97,000 alumni worldwide.

MOBERLY AREA COMMUNITY COLLEGE

573-234-1067 | MACC.edu | Columbia

The MACC-Columbia Higher Education Center is located in the Parkade Center, and occupies 53,500 square feet at the Business Loop location. In addition to classroom space, offices, and computer labs, the location also houses an art studio and mechatronics lab. The MACC Columbia campus offers nine degree programs.

STEPHENS COLLEGE

800-876-7207 | Stephens.edu

Stephens College, founded in 1833, offers innovative, career-focused degree programs with an emphasis in creative arts and sciences. A private, undergraduate, residential women's college,

Stephens also serves adult learners with graduate, online, and certificate programs for both women and men and offers an innovative preschool and elementary school as part of the college's commitment to "Learn. Grow. Lead."

UNIVERSITY OF MISSOURI

573-882-2456 | Missouri.edu

The University of Missouri was founded in 1839 in Columbia, representing the birth of public higher education west of the Mississippi River. Today, the 1,262-acre campus improves lives as Missouri's largest public research university and serves citizens statewide as a land-grant institution. MU offers more than 300 degrees and certificates through 13 colleges and schools and has more than 31,300 students representing every US state and more than 100 countries. Faculty, staff, and students work hard to honor the public trust by upholding four values: respect, responsibility, discovery, and excellence.

COLUMBIA PUBLIC LIBRARY

100 W. Broadway | 573-443-3161 | DBRL.org

The library houses current fiction and nonfiction books, popular magazines, newspapers, music CDs, DVDs, audiobooks, and more. It also offers classes and events on a variety of topics for all ages. Snacks are for sale in the lobby. Its website has eBooks, audiobooks, music, movies, TV shows, and other resources.



Go after the life **YOU** want.

We are entrepreneurs, doctors, veterinarians and writers for page, stage and screen. We're business leaders, educators and performers. We're scientists, nurses and fashion leaders. We're mold breakers and trend makers.

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STEPHENS
COLLEGE

Learn more at stephens.edu



The Blue Note

17 N. Ninth St.

573-874-1944

TheBlueNote.com

Built in 1927, The Blue Note is a premiere music venue, celebrating 40 years of live music. The modernized historic theater is located in the heart of downtown Columbia and draws some of the biggest names in music and comedy on a regular basis. Besides live events, The Blue Note is also an ideal destination for a unique, one-of-a-kind private or corporate event.

Columbia Entertainment Company

1800 Nelwood Drive

573-474-3699

CETheatre.org

Community members of all ages perform plays and musicals like

Bye Bye Birdie, *Cabaret*, and *Hello, Dolly!* among others at Columbia Entertainment Company, founded in 1979.

Maplewood Barn Community Theatre

2900 E. Nifong Blvd.

573-227-2276

MaplewoodBarn.com

The Maplewood Barn Community Theatre provides high-quality, seasonal, live community theater in an informal, family-friendly, outdoor setting in historic Nifong Park.

The Missouri Symphony

203 S. Ninth St.

573-875-0600

TheMOSY.org

The Missouri Symphony produces an annual summer music festival, which features a wide selection of music genres performed by a professional orchestra whose members come from all over the world. Founded in 1970, the Missouri Symphony includes the Missouri Symphony Orchestra, The Missouri Symphony Conservatory, and The Missouri Symphony League.

Ragtag Cinema

10 Hitt St.

573-441-8504

RagtagCinema.org

Columbia's only arthouse theater, Ragtag Cinema shows independent, international, and documentary films on two screens all year long. Ragtag regularly hosts community screenings, specialty film series,

and interactive experiences for the whole family.

Rose Music Hall

1013 Park Ave.

573-874-1944

RoseMusicHall.com

Rose Music Hall is a live music venue tucked away in downtown Columbia. Rose is the perfect place to check out up-and-coming national bands, as well as the best CoMo has to offer. During the summer, the music moves outside into Rose Park that boasts an outdoor stage and spacious patio. Enjoy live music, yard games, beer, tasty food, and movies in the summertime.

Stephens College Playhouse and Warehouse Theatre

100 Willis, Stephens College Campus

573-876-7199

Stephens.edu/performingarts

The Stephens College School of Creative and Performing Arts offers theater, dance, and music performances throughout the academic year. Performances feature students and faculty from Stephens' theater program and guest artists from around the country.

Talking Horse Productions

210 St. James St.

573-607-1740

TalkingHorseProductions.org

Talking Horse Productions is a professional theater company located in the North Village Arts District. Talking Horse produces plays in a variety of

genres—dramas, comedies, and musicals—in an intimate 70-seat black-box theater.

University Concert Series

203 S. Ninth St.

573-882-3781

ConcertSeries.Missouri.edu

The University Concert Series brings world-class performing arts events to mid-Missouri. Opera, ballet, orchestra, chamber, jazz, pop, modern dance, Broadway shows, family events, and nationally known performers are all a part of the Concert Series tradition.

MU Theatre at the Rhynsbarger Theatre and Studio 4

129 Fine Arts

Building UMC

573-882-7529

Theatre.Missouri.edu

MU Theatre brings the best in original, innovative, and classical theater to Columbia throughout the year, including Summer Repertory.

The "We Always Swing" Jazz Series

21 N. 10th St.

573-449-3009

WeAlwaysSwing.org

The "We Always Swing" Jazz Series is one of the country's foremost, independently run, all-jazz nonprofits dedicated to presenting the world's finest musicians and providing educational opportunities for all including daily access to its 9,000+ collection of recordings.

LOCAL TIP

If you like your entertainment with a spirited libation, stop in at DogMaster Distillery before you take your seat at a show at Talking Horse Productions. The two are neighbors in a building in the North Village Arts District, so they're only a few steps apart! Try the Gin Fizz or the Nocturno.

SYMPHONIC SUCCESSION

NEW MUSIC DIRECTOR TO HELM MISSOURI SYMPHONY ORCHESTRA

The baton has been passed. As the Columbia-based Missouri Symphony Orchestra (MOSY) approaches its 53rd year, it will be under the direction of Wilbur Lin—only the third music director in its history.

Symphony Executive Director Trent Rash acknowledges Lin is stepping into an unusual situation: “We’ve only had two music directors. Usually directors are with a symphony for five, six, maybe 10 years. That longevity has had its benefits, but it’s also really exciting to be moving in a new direction.”

Founding conductor Hugo Vianello led the orchestra from 1970 to 1998, shaping it into a highly acclaimed entity. Maestro Kirk Trevor took over the role in 2000, bringing inventive, audience-expanding programming until his retirement in 2021.

Now it’s Wilbur Lin’s turn. No stranger to Columbia—or MOSY—he has come full circle. Wilbur studied under Maestro Kirk in 2017 as a master class participant and during that time had his first opportunity to conduct MOSY. Now he’ll have many. Although he’s been conducting for a while, “This is my first music director position,” he says. “I’m thrilled. I’m humbled. I’m excited.”

Wilbur isn’t simply excited about his new role, but about Columbia, saying it has a progressive, curious culture, with loyal residents who are interested in things and want to make things unique.

He fully believes in the possibility of balanced programming, presenting both traditional pieces and composers along with new ones. “No music survives in a vacuum,” he says. “There are traditions, lineages, and influences, so we’re going to program in a way that makes sense.”

MOSY has already commissioned one completely new work for its 2023 season, with others to follow. For that first work, Wilbur wanted to meld the local culture of Columbia with his Taiwanese-American background and something uniquely American.



“We have someone who is drawing inspiration from Columbia, an amazing film composer in Hollywood,” he explains. “She’s also Taiwanese-American.” He explains his choice saying, “Hollywood film music—everyone loves it. It’s our music, but it’s now so global that it’s not just ours anymore. It’s a great musical contribution by this country.” He adds that Columbia will be in the work’s title.

Both Wilbur and Trent agree MOSY has been doing great things—traditional concerts, Preludes at the Pubs, Holiday Pops—but they’re planning other things that will allow people to see and experience music in a different way.

Two of those new experiences will take place outside the concert hall in spaces that facilitate audience interaction, much like immersive museum exhibits. Symphony-goers will have vantage points they’ve never had before. “To be one full story above us in balcony-like spaces,” Wilbur says. Or to walk around the performing musicians on safe walkways.

The two say they’re looking strategically at what the Columbia community needs and how MOSY can best serve and support it. For example, they realized

there was no crosstown honors band for high schoolers, so a new wind ensemble program was created. Another void: A high-level youth orchestra program, thus the Vianello Players will debut, named in honor of founding director Hugo Vianello and his wife Lucy. Composed of mostly high school players, participants will have the opportunity to become leaders in the youth orchestra and play with the professional symphony.

Even some of MOSY’s tried and true offerings will emerge improved. Trent cites the popular “Hot Summer Nights” concert series. It’s being renamed the “Firefly Music Festival.” Trent explains that because the symphony has many players from outside Missouri, it’s a fitting moniker: “Not everyone has the chance to catch fireflies as a child. As a native Missourian, I take it for granted. For some people, it’s a magical experience they’ve only had as adults. When the fireflies shine and when our musicians from around the country shine and come together, it encapsulates what we’re doing here: We’re the Missouri Symphony—a symphony for the whole state of Missouri.”

COMO'S PARKS & TRAILS

GET OUTSIDE!



Connecting Community



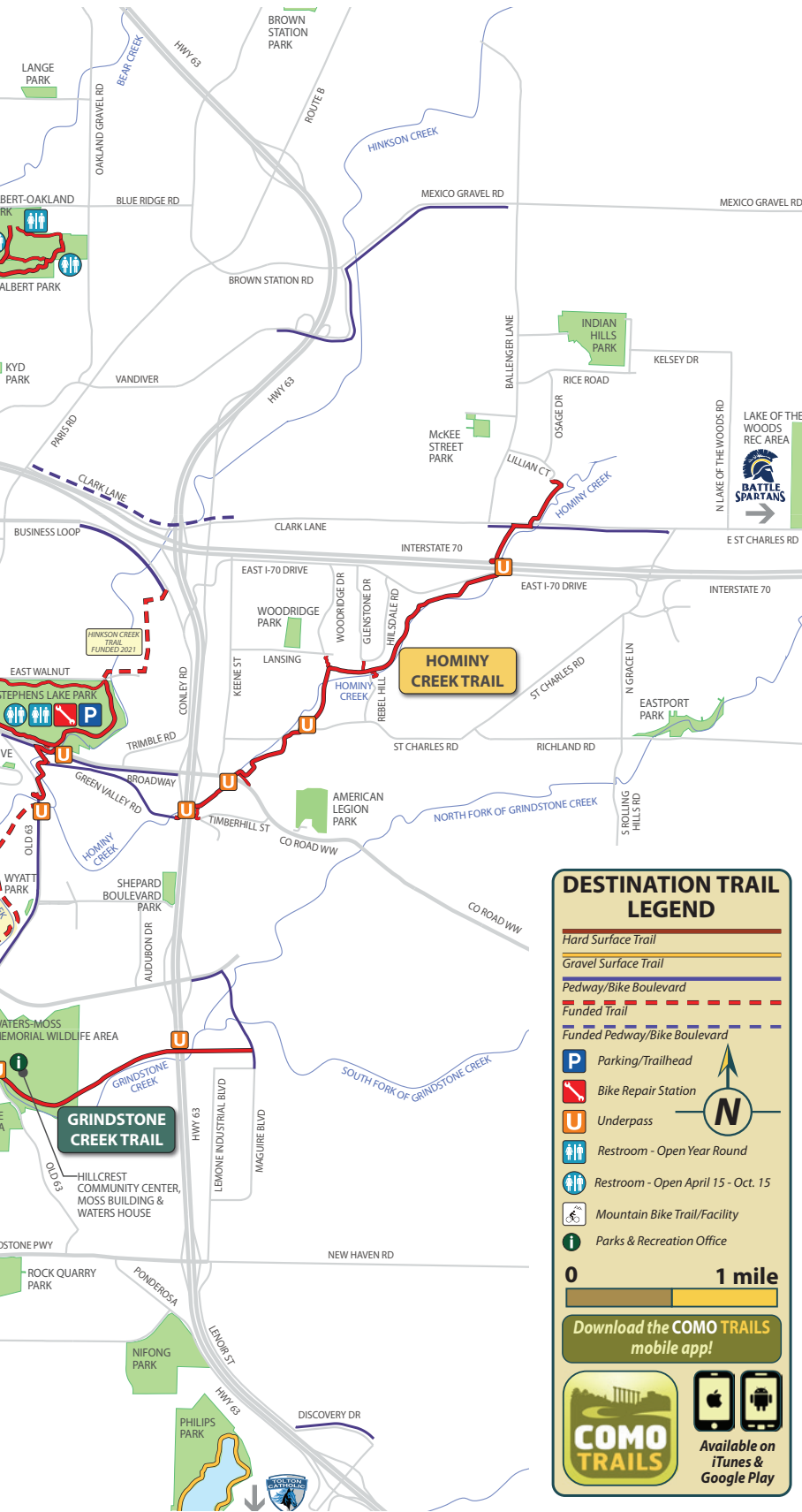
4.2 Miles from Jay Dix Station
to KATY TRAIL STATE PARK
240 mile Cross-State Trail

Parks and Trails for Fun and Fitness

On more than 3,500 green-space acres, which include 75 outdoor parks and eight destination trails, Columbia Parks and Recreation has plenty of pride points. Improvement is a continuous process, and one 50-acre gem, Smith Park, which serves northeast Columbia, features a new .3-mile trail along its lake in addition to its skatepark, basketball court, and a new playground, among other amenities. New parking and electrical additions also amp up Stawn Park's world-class Harmony Bends Disc Golf Course, but beyond its dedicated disc course, this 129-acre park is rich with natural features like woodlands and Harmony and Perche Creeks.

If walking, hiking, and bicycling are what you seek, Columbia has an extensive trail system built with this in mind. The nearly 65-mile Columbia Trail System is a partnership—a combination of city-owned trails, MU-owned trails, and Boone County trails. In the mix are some dynamic, well-known trails like the MKT Nature and Fitness Trail, an 8.9-mile historic railroad spur-turned-fitness trail that connects to the larger Katy Trail State Park that traverses the state. Smaller trails thread the community and get you from point A to point B around Columbia without ever setting foot or bike tire on a road used by automobiles. These smaller trails are a part of a larger plan that will connect them to form a 30-mile loop encircling the city. To date, half of the distance has been completed, with the Rollins Street Connector being the most recent addition to the planned loop of trails.

Check out the parks and trails listing for a complete list and for approved and available activities. You can also visit CoMo.gov/parks-and-recreation to learn more.



AREA PARKS & CAMPING

Columbia Audubon Nature Sanctuary 3607 Bray Ave. Columbia-Audubon.org	
Cooper's Landing 11505 Smith Hatchery Road 573-657-1299 CoopersLandingMo.com	
Cottonwoods RV Park 5170 N. Oakland Gravel Road 573-474-2747 CottonwoodsRVPark.com	
Eagle Bluffs Conservation Area 6700 W. Route K 573-446-6743 MDC.Mo.gov	
Finger Lakes State Park 1505 E. Peabody Road 573-443-5315 MoStateParks.com	
Katy Trail State Park Clinton, MO to Machens, MO 573-449-7402 MoStateParks.com	
Pine Grove Village 3900 Clark Lane 573-474-4412 PineGroveMhc.com	
Pinnacles Youth Park 850 E. Pinnacles Road, Sturgeon 573-449-7946 Sites.Google.com/site/boonepinnacles	
Rock Bridge Memorial State Park 5901 S. Hwy 163 573-449-7402 MoStateParks.com	
Rocky Fork Lakes Conservation Area 1599 E. Peabody Haul Rd., Hallsville (7 miles N. off US Hwy 63) 573-815-7900 MDC.Mo.gov	
Three Creeks Conservation Area E. Deer Park Road (5 miles S. off US Hwy 63) 573-815-7900 MDC.Mo.gov	

PARKS/CAMPING FEATURES

Outdoor Pool	Trail
Water Play Area	Horse Trail
Basketball Courts	Hiking
Disc Golf Course	Birdwatching
Horseshoe Pits	Hunting
Playgrounds	Swimming
Tennis Courts	Boating
Volleyball Courts	RV Sites
Dog Park/Leash-Free Areas	Tent Sites
Fishing	Electricity
Swimming Beaches	Toilet
Picnic/Shelter Area	Shower
Trail/Length in Miles	Store
Mountain Bike Trail	Pickleball
Rock Climbing	

CITY PARKS & TRAILS

Columbia Parks & Recreation 1 S. 7th St. | 573-874-7460 | CoMo.gov

Again Street Park 1200 Again St.	0.4
Albert-Oakland Park 1900 Blue Ridge Road	1
Capen Park 1600 Capen Park Drive	0.5
Columbia Cosmopolitan Recreation Area (Cosmo) 1615 Business Loop 70 W.	5.5
Cosmo-Bethel Park 4500 Bethel St.	0.5
Douglass Park 400 N. Providence Road	0.5
Flat Branch Park 101 S. 4th St.	0.5
Forum Nature Area 2701 Forum Blvd.	1.8
Garth Nature Area 2799 N. Garth Ave.	1.6
Grindstone Nature Area 2011 Old Hwy. 63 S.	6
Grindstone Creek Trail 2011 Old Hwy. 63 S.	1.8
Hinkson Creek Trail MKT to GNA (Stephens)	4.3
Hominy Creek Trail Green Valley Drive to Lillian Drive	2.9
Jay Dix Station 3725 S. Scott Blvd.	0.2
Lake of the Woods Golf Course and Recreation Area 6700 E. St. Charles Road	0.2
Lions-Stephens Park 104 N. William St.	0.3
MKT Nature & Fitness Trail 4th & Cherry Trailhead	8.9
Philips Park 5050 Bristol Lake Pkwy.	1.4
Rock Quarry Park 2002 Grindstone Pkwy.	0.6
Stephens Lake Park 2001 E. Broadway	2.3
Strawn Park & Harmony Bends Disc Golf Course 801 N. Strawn Road (Route ZZ)	0.6
Twin Lakes Recreation Area 2500 Chapel Hill Road	0.4

SPORTS FACILITIES

Albert-Oakland Park 1900 Blue Ridge Road	
American Legion Park 3675 Legion Lane	
Antimi Sports Complex 1615 Business Loop 700 W.	
Atkins Ballfields 5220 N. Oakland Gravel Road	
Columbia Sports Fieldhouse 4251 Philips Farm Road	
Cosmo-Bethel Park 4500 Bethel St.	
Columbia Cosmopolitan Recreation Area (Cosmo) 1615 Business Loop 70 W.	
Finger Lakes Motocross 1505 E. Peabody Road	
Gans Creek Recreation Area 3350 E. Gans Road	
MizzouRec/Mizzou Aquatic Center 1000 Rollins St.	
Rainbow Softball Center 1615 Business Loop 70 W.	
Scott Boulevard Rugby Fields 3800 S. Scott Blvd.	

ARC (Activity & Recreation Center)
1701 W. Ash St.
This 73,000 sq. ft. facility features an indoor leisure pool, gymnasium, exercise equipment, indoor track, and group exercise classes. Pool includes water slide, lazy river, vortex, and zero-gravity depth entry.



ARC (Activity & Recreation Center)

GOLF COURSES

A.L. Gustin Golf Course 8 Stadium Blvd., MU	
Lake of the Woods Golf Course 6700 St. Charles Road	
L.A. Nickell Golf Course 1800 Parkside Drive	
Midway Golf & Games 5500 W. Van Horn Tavern Road	

New Parks With Perks Planned

Just like its activity-loving citizens, Columbia is not content to rest on its laurels when it comes to providing parks. Two exciting new additions are in the works, slated to open in 2024.

The largest-ever land donation for a Columbia park won city council approval in early 2023. Donated by Carol Ann Alspaugh, wife of the late John W. Alspaugh, the 201-acre **John W. Alspaugh Park** will span property on both the north and south sides of Mexico Gravel Road and the west side of Vandiver Drive. The new park will serve as the trailhead for the northern section of the Hinkson Creek Trail, and the city agreed to maintain the property as a green space and wildlife habitat. The city plans to develop nature trails in the area, and no cars or bicycles will be allowed past designated parking spaces.

But bicycles will be warmly welcomed at a **new bike park** in Cosmo Park. The project will be built near the 4.1-mile Rhett's Run mountain biking trail, and will include a trailhead, an asphalt pump track, a mountain bike skills course, a bike playground, and more.

The bike playground will help bikers of all ages and abilities to learn to ride a bike and develop their skills, and the city plans to ensure that both the pump track and cyclo-cross event space meet the high standards required to host professional competitions.



FACILITY FEATURES

- | | |
|--|-------------------------------|
| Baseball Field | 18-Hole Golf Course |
| Softball Field | Putting Green & Driving Range |
| Basketball Court | Lighted |
| Tee-ball Field | Pickleball |
| Tennis Courts | Bocce ball |
| Soccer Field | Rugby |
| Football Field | Disc Golf |
| Lacrosse Field | Cross Country |
| Volleyball Courts | Archery |
| Skateboard Park | Gymnastics |
| Roller Hockey Rink | Cheer |
| Mountain Bike Course | Wrestling |
| ATV/Motocross Track | Raquetball |
| Outdoor Swimming Pool/
Children's Play Area | |



EXPAND YOUR OUTDOOR EXPERIENCES

GARDENS

Martin Luther King, Jr. Memorial at Battle Garden

800 W. Stadium Blvd.

573-874-7460 | [CoMo.gov/parksandrec/park](https://www.columbia-mo.gov/parksandrec/park)

Located next to the MKT Trail, these landscaped gardens with walkways and benches provide a quiet setting. The writings of Dr. King are displayed as part of a sculptured amphitheater with eight triangular upright columns.

The Mizzou Botanic Garden

573-882-4240 | [Gardens.Missouri.edu](https://www.gardens.missouri.edu)

The Mizzou Botanic Garden encompasses 752 acres on the University of Missouri campus. The living museum displays thousands of plants amid famous landmarks and in thematic gardens.

Shelter Gardens

1817 W. Broadway

573-445-8441 | [ShelterInsurance.com](https://www.shelterinsurance.com)

Shelter Gardens is an award-winning five-acre garden with more than 300 varieties of trees and shrubs and 15,000 annuals and perennials. Its features include a 19th-century replica one-room schoolhouse, garden for the visually impaired, waterfall and stream, and a memorial to Vietnam veterans.

AREA FESTIVALS

BRING ON THE FESTIVITIES

Treeline Music Festival



4th of July: Fire in the Sky

Stephens Lake Park

573-874-7460 | CoMo.gov

Celebrate the 4th of July at the City of Columbia's Fire in the Sky event. The star-spangled event includes free activities and entertainment for the whole family. Enjoy Independence Day-themed children's activities and live music. Once it's dark, watch fireworks choreographed to music on KBXR 102.3.

Annual Heritage Festival & Craft Show

Third full weekend of September

Nifong Park

573-874-7460 | CoMo.gov

For more than 40 years, visitors have toured traditions of the past at the annual Heritage Festival & Craft Show. At this festival in historic Nifong Park, the atmosphere and experience are both authentic as artisans and tradesmen in historic character bring "lost arts" to life, and festival-goers can listen, learn and see history and shop for handmade crafts. Entertainment, including traditional and roots music, and Native American, German and folk dance is also provided. Kids will have a great time in the Fun for Young'uns area or listening to ghost stories Saturday evening. Tour the Historic Maplewood Home, Village at Boone Junction, and the Boone County History & Culture Center, all located within the park. Food trucks will also be on hand along with festival favorites such as funnel cakes and turkey legs.

Art in the Park

First Full Weekend in June

Stephens Lake Park

573-443-8838 | ColumbiaArtLeague.org

Put on by the Columbia Art League, Art in the Park is the oldest and largest fine arts festival in mid-Missouri. The festival features more than 100 visual artists from across the United States displaying a variety of media including painting, drawing, photography, pottery, jewelry, fibers, sculpture, wood, and glass. Enjoy engaging hands-on activities, magicians, children's entertainment, and live music. View breathtaking works from student artists in the Emerging Artist Pavilion, and take in the talent of our military veterans in the Veterans Exhibit. Grab a limited-edition Art in the Park drinking cup and stay hydrated with fruit-infused water from the water bar, then wander over to the food truck court and enjoy a variety of festival fare. Art in the Park is free to the public.

Boone County Fair

Boone County Fairgrounds

5212 N. Oakland Gravel Road

573-474-9435 | TheBooneCountyFair.com

In the summer, the Boone County Fair offers a variety of activities and shows to entertain all age groups. Featured attractions include livestock shows, talent competition nights, carnival rides, live music, beer garden, and the Boone County Country Ham Breakfast.

Cattlemen Days Rodeo

Cedar Valley Riders Saddle Club Arena, Ashland | CattlemenDaysRodeo.com

The rodeo is an annual event during August each year. Live music starts at 7 PM with the rodeo beginning at 8. After the completion of the rodeo, a dance is held on the rodeo grounds with a live band. The rodeo parade is Saturday at 2 PM. The rodeo is put on by the Ashland Optimist Club and the Cedar Valley Riders Saddle Club.

Centralia Anchor Festival

Centralia

573-682-2272 | CentraliaMOChamber.com

The city of Centralia hosts the Anchor Festival annually in late spring on the beautiful downtown city square. Activities include crafts and concessions, live music, a carnival, parade, three-on-three basketball, tractor show, car show, community worship, a fun run, and an anchor-driving contest.

Family Fun Fest

3rd Wednesday of the month,

June through September | Cosmo Park

573-874-7460 | CoMo.gov

This family event transforms Cosmo Park into fun central with a new theme each month. Entertainment for the entire family features music, special performances, art activities, and hands-on activities.

First Fridays

First Friday of each month

North Village Arts District

NorthVillageArtsDistrict.org

Grab a locally distilled spirit at DogMaster, catch a show at Rose Music Hall, and visit the myriad art studios and galleries open to the public during First Fridays, a free art crawl on the first Friday of each month from 6–9 PM in the North Village Arts District. In the approximately nine-block area just north of Broadway downtown, galleries, shops, and businesses are open with music, art demonstrations, children's activities, refreshments, and more.

Hartsburg Pumpkin Festival

Hartsburg

573-808-1288 | HartsburgPumpkinFest.com

The charming river town of Hartsburg hosts thousands of visitors during this annual festival on the second weekend of October, which features more than 200 craft vendors, petting zoo, pony rides, food booths, pumpkins galore, and a variety of activities for the whole family.

Firefly Music Festival

June and July, various venues

573-875-0600 | TheMOSY.org

Firefly is six weeks of fabulous music—classical and pop—with the Missouri Symphony Orchestra in the exquisitely renovated historic Missouri Theatre, as well as other community venues. Guest artists

from concert halls all over the world join Columbia's summer resident professional orchestra to entertain music lovers of all ages with a diverse repertoire. Come celebrate the Missouri Symphony's 50th anniversary!

Living Windows Festival

First Friday in December | The District 573-442-6816 | DiscoverTheDistrict.com
On the first Friday of December, shopkeepers move all the merchandise out of their front windows and stage live holiday performances for onlookers. Merchants go to great lengths to outdo each other, making each year's displays even more impressive than before. The strolling carolers, holiday treats, and visits with Santa are set against a backdrop of holiday lights.

Mid-Missouri Pridefest

**Rose Music Hall
MidMOPride.org**
Mid-Missouri PrideFest is an annual celebration of the lesbian, gay, bisexual, transgender, queer, questioning, and ally community in mid-Missouri. This family-friendly event includes entertainment, food, vendors, information on community organizations, children's activities, live performances, and more. Event is free and open to the public.

Show-Me State Games

**June and July, multiple venues
573-882-2101 | SMSG.org**
The Show-Me State Games (SMSG) is an Olympic-style sports festival with more than 40 sports for all ages and ability levels. In addition to the summer games, SMSG offers events throughout the year to promote health, fitness, family, and fun. Thousands come together to participate in SMSG each year.

Treeline Music Festival and Betsy Farris Memorial Run

**Stephens Lake Park
TreelineMusicFest.com**
The nationally recognized Treeline Music Festival (formerly named The Roots N Blues Festival), features dozens of artists representing the genres of music: blues, country, bluegrass, folk, roots, gospel, country, rock, and soul. Newer genres, like alt, indie, Mariachi, hip-hop, and pop, are now represented at the festival, as well. *Blues Scene* magazine called it, "One of the most prominent festivals in the country!" In addition to live music, fans enjoy delicious food from local and national vendors, the beautiful scenery of Stephens Lake Park, and art installations created by local artists. In addition, the Treeline Music Festival Betsy Farris Memorial Run takes place the morning of Treeline's second day. Participants enjoy a scenic run



LOCAL TIP

Please check websites or call to confirm event dates and details before making travel plans.

through Columbia. All runners receive a race shirt, a finisher's medal, and a discount voucher to the festival. There are three course options: half-marathon, 10K, and 5K. Betsy Farris directed the Roots N Blues Festival from 2009-2016. She ran in countless races and was an inspiration to many on their fitness journey.

True/False Film Fest

**The District & MU Campus
573-442-8783 | TrueFalse.org**
The True/False Film Fest joins smart, impassioned, and forward-thinking filmmakers with the best audiences in the world each spring. True/False is a magical Columbia experience, offering four days of the newest and most compelling nonfiction films, each accompanied by its filmmaker, plus bands playing before screenings and at concerts all weekend. With art installations, a legendary live game show, and the annual March March parade, True/False transforms the city into a one-of-a-kind celebration of the arts.

Unbound Book Festival

**Alex@SkylarkBookshop.com
UnboundBookFestival.com**
Founded in 2017, the Unbound Book Festival brings nationally and internationally recognized authors of world-class renown literature to Columbia to talk about their books, their work, and their lives. The free festival was the brainchild of Columbia resident and *NY Times* best-selling author Alex George. George is also the owner of Skylark bookshop, one of Columbia's premier page turning places. (See more on page 41.) Held at various venues downtown, the Festival has been a huge hit. A recent addition in 2023 was the inaugural Unbound Lit Crawl. Anyone who's into books should check out the Unbound Festival when they're in CoMo in April. If you're visiting in another month, book a date with one of CoMo's caringly curated local bookstores: Skylark or Yellow Dog (a phenomenal used book seller).

◀ Heritage Festival



True/False's March March



Mid-Missouri Pridefest



IN SHARP CONTRAST

EXPLORE COLUMBIA'S AFRICAN-AMERICAN HERITAGE TRAIL

Like many fledging communities founded before the end of the Civil War, Columbia endured its share of growing pains. Founded in 1821 (three years after the original town, called Smithton, was founded then moved for water access reasons and renamed Columbia), the town was largely segregated at the war's end in 1865. Blacks were not allowed to shop in white-owned stores, attend white schools and churches, or secure the services of most white professionals such as doctors and lawyers. Out of both necessity and desire, blacks began to create "The Other Columbia," an area where they could freely work, shop, and socialize. Black-owned businesses sprang up and institutions that welcomed blacks were opened.

The property at the center of The Other Columbia was owned by two black men, Gilbert Akers and John Lang. Theirs was an undesirable location, in the floodplain where Flat Branch Creek was used as an open sewer. The roads were unpaved, and access to plumbing was scarce. But it was the only option for freed slaves looking to call Columbia home.

Largely self-contained and separate from the rest of the city, The Other Columbia covered about 30 square blocks on the north side of Broadway in central Columbia and stretched from Fifth to Sixth Streets on both sides of Walnut Street. Christened "Sharp End," it became a thriving business center with black-owned businesses such as restaurants, meeting halls, barber shops, bars, and more. At its peak, the Sharp End served as the black community's cultural nucleus, and included churches, schools, homes, and social clubs. One theory about Sharp End's name speculates that it was because residents were expected to "look sharp."

Sharp End was a place where black adults could work, dine, and socialize. Children were not allowed in the area without parental supervision. Once a young person reached 18, they could enter; it was something of a rite of passage.

In 1954, Columbia began a methodical process to dismantle Sharp End, citing the federal urban renewal program. (The Supreme Court struck down school segregation the same year, but it would be a decade before the Civil Rights Act was passed.) Local government decided Sharp End needed to be revitalized and declared the area "substandard." Sharp End was razed and new construction began. Many black homeowners and businesses from the area couldn't recover economically. Former residents were forced to rent homes, and many black-owned businesses never reopened.



In her ethnography, *Successful Black Entrepreneurs in Columbia, Missouri*, Alisa McDonald-Warren described what happened: "The federal Urban Renewal Program allowed property where black businesses were located to be condemned as 'slums' and then bought by white business owners and 'redeveloped.'"

Columbia's African American Heritage Trail was created to honor significant local black people and institutions from the city's first 200 years. A two-mile trail in the heart of Columbia, The African American Heritage Trail, includes 23 informative markers, such as the one describing the "Blind" Boone Home.

The goal of the trail project was to preserve this important piece of Columbia history and ensure that people, in particular today's young black Columbians, are aware of it.

The idea for the trail was first conceived by Columbian James Whitt, chairman of the nonprofit Sharp End Heritage Committee, and his friend and former Sunday school teacher, Deacon Larry Monroe, in 2015. Working in collaboration with Columbia Parks and Recreation, and with financial support from several local businesses and individuals, they turned the trail dream into a reality.

Among the markers that remember and reveal the Sharp End story are those that honor entrepreneur Annie Fisher, and Clara Miles and the Miles Manor subdivision.

Visitors can tour this historic area on foot. The tour includes stops at the few remaining Sharp End brick-and-mortar buildings: the Second Missionary Baptist Church, Douglass High School, and the Tibbs' building.

More important than the obvious brick-and-mortar reminders of Sharp End are the intangible ones—the memories, stories, and photos shared by residents of that time. Plan to explore the African-American Heritage Trail. You'll come away with a new understanding of Columbia's past.

FULTON

A Perfect Day
Trip 30 Minutes
from Columbia



AMERICA'S NATIONAL CHURCHILL MUSEUM

Discover the life and legacy of Winston Churchill, the man who carried England to victory in World War II. A 17th-Century Wren Church was brought from London to commemorate Churchill's 1946 "Iron Curtain" speech. A year after the Berlin Wall came down, Churchill's granddaughter secured eight sections of the wall for a sculpture she named "Breakthrough." It is the largest remaining segment of the Berlin Wall outside of Berlin.



AUTO WORLD MUSEUM

Explore nearly 80 vehicles from the private collection of Mr. Bill Backer, who founded Backer's Potato Chip Company in 1931. The family carries on his tradition and passion. The oldest vehicle in the collection is a 1903 Humbrette. The cars are set in vignettes that include huge prints of historic scenes and nearly full scale building facades.



DOWNTOWN BRICK DISTRICT

Downtown Fulton features brick streets, charming streetscapes and historic buildings. Browse a variety of independent shops ranging from upcycled furniture to fine jewelry. Time your visit to catch an event at the Brick District Playhouse, Fulton's renovated 1920s theater, Morels & Microbrews in May, or enchanting holiday celebrations.



FEELING HUNGRY?

You can find a variety of independent restaurants. Choose from cooked-to-order fish or chicken with soulful sides, authentic Brooklyn style pizza, made-from-scratch Cuban lunch specials, a specialty coffee shop, or a chef-driven gastropub. Other tasty treats can be found at a gourmet popcorn bar, an old fashioned soda fountain, a seasonal boozy-slushie bar, and a summer time cotton candy and lemonade stand.



SERENITY VALLEY WINERY

This scenic winery sits on 60 rolling acres, halfway between Fulton and Columbia. Grab a spot near the lake while you sip and wait for one of Serenity Valley's spectacular sunsets. The winery's Saturday Music Series features a band and food truck pairing that starts at 4 p.m. The Sunday Serenade Series starts at 2 p.m.



Fulton-Callaway County Tourism
573.642.7621
info@visitfulton.com
visitfulton.com

ARTISTRY & HISTORY

GALLERIES & MUSEUMS

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WWW.GOBOONVILLE.COM
OR CALL 660-882-3967

Artlandish Gallery
1019 E. Walnut St.
573-442-2999

ArtlandishGallery.com
Artlandish Gallery is full of unique gifts, fine crafts, fine art, pottery, glass, jewelry, and wearables.

Bluestem Missouri Crafts
13 S. Ninth St.
573-442-0211
BluestemCrafts.com
Bluestem Missouri Crafts features an eclectic collection of traditional and contemporary fine crafts from Missouri and its eight neighboring states.

Boone County History & Culture Center
3801 Ponderosa St.
573-443-8936
BooneHistory.org
Located in Nifong Park and highlighting the history of Boone County, the museum features annual exhibits in its 4,500-square-foot exhibit space. The adjacent 2,800-square-foot Montminy Art Gallery features works of local and regional artists. The museum also curates the historic 1877 Maplewood House and four historic buildings in The Village at Boone Junction.

Columbia Art League
207 S. Ninth St.
573-443-8838
ColumbiaArtLeague.org
The Columbia Art League provides a stimulating environment for experiencing the visual arts through exhibitions, education, appreciation, promotion, and the creation of art.

Orr Street Studios
106 Orr St.
573-875-4370
OrrStreetStudios.com
Orr Street Studios fosters interaction between the public, art, and artists. This mainstay in the North Village Arts District features revolving exhibits in the gallery, private events, and art-related

community, and houses more than 30 artists.

Sager Reeves Gallery
1025 E. Walnut St.
573-442-4831
SagerReevesGallery.com
Sager Reeves Gallery features rotating exhibits of contemporary art and mid-century masterworks in a variety of media including painting, sculpture, fiber, ceramics, jewelry, and more.

Museum of Art & Archaeology
Lower level, east side, Ellis Library
UMC campus
573-882-3591
MAA.Missouri.edu
Mid-Missouri's only accredited museum contains masterworks from seven millennia and six continents, art from ancient through Renaissance to modern, artifacts, and archaeology. Named by American Art Awards as one of the 25 best museums in the nation.

Museum of Anthropology
Garden level, Ellis Library, UMC campus
573-882-3573
AnthroMuseum.Missouri.edu
Native American artifacts, Missouri archaeology and history, and the Grayson Archery Collection are all on permanent exhibit. Special exhibits rotate several times a year.

Greg Hardwick & Sidney Larson Galleries
Brown Hall, Columbia College Campus
573-875-7517
Features exhibits by students, faculty, and professional artists.

George Caleb Bingham Gallery
Fine Arts Center, UMC, 505 Hitt St.
573-882-4037
VisualStudies.Missouri.edu/gallery/ingham
An impressive gallery with a sampling of works by faculty,

students, and national and international artists in all media.

Glen Smart Waterfowl & Upland Game Bird Collection
School of Natural Resources, 103 Anheuser-Busch Natural Resources Building
573-882-7045
SNR.Missouri.edu/about/exhibits
An extensive collection of more than 350 waterfowl and upland game specimens from around the world.

The State Historical Society of Missouri
605 Elm St.
573-882-7083
SHSMO.org
In its home at the Center for Missouri Studies, SHSMO houses a vast art collection featuring George Caleb Bingham and Thomas Hart Benton, as well as 3,500+ titles of historic Missouri newspapers, 100,000+ photographs, 4,000+ maps, an extensive editorial cartoon collection, and more.

Wilbur Enns Entomology Museum
Room 3-38
Agriculture Building, UMC
573-882-2410
Museum.Insecta.Missouri.edu
Research museum with more than six million specimens of insects, arachnids, and fossils from the Ozark Plateau and the Midwest, along with some exotic specimens.

Yeckel Collection
School of Natural Resources, 103 Anheuser-Busch Natural Resources Building
573-882-7045
SNR.Missouri.edu/about/exhibits
The Yeckel Collection contains 44 species from Africa, Eurasia, and North America, some listed as rare or endangered.

FANCY A DAY TRIP?

When you visit Columbia, build more memories through short day trips to unique destinations nearby. From historic sites to retail venues and pocket communities, these excursions give you more options to explore. If you can't visit them all, put them on your list for the next time you're in the area.



ARROW ROCK

41 miles from Columbia;
28 miles west on I-70, exit 98,
13 miles northwest on Highway 41
660-837-3608

ArrowRock.org

The village of Arrow Rock is a designated National Historic Landmark. You can see many historic buildings and sites here, but check out the museums, look through the shops, enjoy a bite to eat, and catch a show at the Broadway-caliber Lyceum Theatre.

BOONVILLE

25 miles west of Columbia on
I-70, exits 101, 103, 106
660-882-3967

GoBoonville.com

Boonville has more than 400 buildings on the National Register of Historic Places, the Isle of Capri Casino off of the Missouri River, and Warm Springs Ranch, open April–October, home of the Budweiser Clydesdales. There's also shopping, dining, theater, and more.

CENTRALIA

20 miles north on Route B/124
573-682-2272

CentraliaMo.org

Explore history at the Historical Society Museum and the 1864 Civil War battlefield site of Centralia. Stop by Chance Garden, home to the Rose Garden and listed on the National Historic Registry.

CLARK

25 miles north on Highway
63, right on Route P
Look through the antique shops and other shops in the area or visit the farms in the Amish

Community to find quilts, produce, baked goods, plants, furniture, and other items. Please respect the Amish culture and refrain from taking photos of individuals.

FULTON

30 miles from
Columbia;
21 miles east
on I-70, exit
148, 9 miles
south on
Highway 54
573-642-7692

VisitFulton.com

Visit America's National Churchill Museum that features a 17th-century church from London and eight sections of the Berlin Wall. Explore Fulton's historic downtown Brick District, Serenity Valley Winery's 60 scenic acres, the Auto World Museum, Crane's Country Store and Museum, and the Katy Trail, among other Callaway County attractions.



JEFFERSON CITY

30 miles south of
Columbia on Highway 63
573-632-2820

VisitJeffersonCity.com

Take a free tour at the Missouri State Capitol, Governor's Mansion, or Jefferson Landing State Historic Site, or stop by one of Jeff City's many other attractions—the historic State Penitentiary, Runge Nature Center, Missouri Military History Museum, and Central Dairy.

ROCHEPORT

15 miles from Columbia;
11 miles west on I-70, exit 115,
4 miles north on Route BB
Rocheport-MO.com

Visit shops and galleries, enjoy fine dining, bike or hike the Katy Trail, and explore history in Rocheport. Make a stop on the way at The Blufftop Bistro at Les Bourgeois Vineyards, which overlooks the Missouri River and has one of the best spots to watch the sun go down.

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AS GOOD AS GOLD(IE'S)

FROM POP-UP TO POPULAR, BAGEL SHOP BEARS VISITING

Amanda Rainey has been interested in making bagels since 2014, when she went on a weeklong food trip to New York City with other Jewish professionals in the culinary world.

She always enjoyed baking challah every Jewish New Year with her family, and then every week when she worked at Hillel on MU's campus. After becoming a mom, she baked challah at home for Shabbat on Fridays. "I made bagels for the first time a few weeks after COVID lockdown when I needed a project," Rainey says.

When she and her husband, John, opened Pizza Tree in 2014, she had a vision that one day they'd make bagels using the same equipment as the pizza dough. Fast forward six years: Rainey started Goldie's Bagels as a weekly pop-up at Pizza Tree in 2020.

Goldie's bagel recipe was adapted from Pizza Tree's dough recipe, using their original sourdough starter, and was inspired by the old tradition of New York-style bagel baking. But Rainey says she was much more inspired by the local bagel shop, the corner bakery, and the Jewish deli that she grew up going to in St. Louis. "We make tzitzel bagels—that is a St. Louis Jewish bakery special—and we also love to bread-slice bagels!"

Pastry chef Jill Rostine provided pastry recipes that she had adapted, some from her previous business, Good Food Co., and others from Jewish cookbooks the pair found. Some came from their family recipes, "and from baking (and eating) a lot of pastries!" Rainey says.

The shop moved into its space on Ninth Street at the end of 2021 and has catered close to 10 Bar/Bat Mitzvahs since opening. They've made bagels for Jewish baby namings and wedding brunches, as well. Its slogan, "Made By Moms For Your Mornings, Meetings, and Mazel Tovs!" couldn't be more fitting. "It's very special to me to be able to help keep our tradition alive here in mid-Missouri and to help people celebrate these events that are



so important to people's lives," Rainey says. "Part of the inspiration for Goldie's was to provide bagels and other traditional Jewish foods for my Jewish community here and the wider community as well." She says they also feel lucky to be able to contribute to the vibrant diversity of downtown Columbia.

If you're wondering about the shop's name, it was the second choice of names for Rainey's first-born daughter. "We realized when we were opening the pop-up that it would be a perfect name for a bagel shop in Columbia because it sounded old and Jewish, and also because Mizzou's colors are black and gold! So we make a black and gold bagel using turmeric and black sesame seeds and call it the goldie," Rainey says.

Rostine made savory rugelach for the annual True/False Film Fest in March, and the shop's new bagel baker is perfecting its pumpernickel bagel recipe and also bialys.

Customer compliments never get old, and one in particular makes Rainey's day: "When a New Yorker tells us these are the best bagels they've ever had," she says with a smile.

The pair's picks for their personal favorites? Rainey prefers pastrami, egg, and cheese on poppy seed, while Rostine relishes bread-sliced tzitzel with scallion cream cheese, zhug, and avocado.

Go discover your favorite.



THE WHOLE BISCUIT AND CABOODLE



It was in the late summer of 2013 when chef Bryan Maness got his biscuit business rolling ... literally. Maness purchased a food truck and had it emblazoned with his Ozark Mountain Biscuit Co. logo. The round logo, with its distinctive dough-crimped edge, sits atop a sunrise scene as warm and golden as the bake on the biscuits Maness made from scratch each morning. His truck debuted at Pridefest, held in Flat Branch Park at that time.

Serving up country classics plus new, inventive items atop freshly baked biscuits, Maness's menu celebrated Southern home cooking and reflected his family's northeast Arkansas roots.

Take the truck's hearty offering, The Boss Hog, which is an open-faced biscuit topped with greens, pulled pork, gravy, Arkan-Sauce—a house-made tangy barbecue sauce—and crispy fried onions. Yum! More into tried-and-true breakfast basics? Try the biscuits and gravy or the bacon or sausage, egg, and cheese biscuit. Ozark Biscuit Co.'s sunnyland sides include kale slaw, simmered greens, and Southern home fries.

The biscuit truck soon became a sought-after source of flavorful, grab-and-go fare in Columbia, where it frequented festivals, The Columbia Farmers' Market, Logboat Brewing Co., and other locations around town.

The biscuit truck has logged a lot of miles since then, and Maness reached



another milestone in 2021—opening a brick-and-mortar eatery, Ozark Mountain Biscuit & Bar, at 1204 Hinkson.

A physical location offered many attractive benefits for Maness and Ozark Mountain's many fans. It meant Maness could offer an expanded version of his proven menu, a full-service indoor dining room, full bar, a grab-and-go espresso bar, plus an outdoor patio where patrons could relax. With a location across the street from hoppin' hops producer Logboat Brewing Co., which doesn't serve food, the new Biscuit & Bar also held the promise of patrons hungry for a bite after imbibing a brew.

The new brick-and-mortar eatery serves breakfast, brunch until 4 PM, lunch, and dinner. It also allows Maness to offer customers another taste-tempting treat: The Sunday Supper Club. From 4 to 9 PM every Sunday, you can enjoy an eight-piece, brined and deep-fried whole chicken dinner with all-you-can-eat garlic butter biscuits, mashed potatoes, gravy, and green beans.

Just as with his biscuit truck, Maness insists on fresh, high-quality, seasonal and local ingredients at his Hinkson restaurant. When unable to grow these ingredients himself, he finds other local partners to help. Patchwork Family Farms, Maries River Wagyu, Luebbering Shorthorns, and Stanton Brothers are among those Maness leans on.

No worries if you're gluten sensitive; you can replace the biscuits with gluten-free cornbread. Vegetarian options are available, too, along with daily specials.

Ozark Biscuit Co. also offers catering and boxed-meal delivery for local businesses and events and its frozen biscuits are also sold at local grocery stores in CoMo.

So while you're in town, why not risk it and try Biscuit? You can visit the restaurant or track the truck on Facebook.

Ozark Mountain's chicken fried steak dinner. Hand sliced, breaded local sirloin with mashed potatoes covered in mushroom gravy with green beans.



ELEVATED EATING

YOU'LL "FARE" WELL AT THIS SOPHISTICATED DESTINATION

Flyover is one restaurant you definitely want on your radar when you're in Columbia. This intimate, fine-dining spot serves seasonal small-plates with elan, in a comfortable communal setting.

Flyover's name is a tongue-in-cheek nod to the fact that Missouri is in the middle of the country, between the two coasts, both viewed as "cuisine capitals." Missouri is in "flyover" country, easily dismissed as a state with a basic meat-and-potatoes palate and a fondness for fried food.

But the co-owners of Flyover beg to differ. Adam Wells-Morgan and Dan Dethrow are Columbia natives and these two sons of the Show-Me State can't wait to show you how wrong that perception is.

From the minute you arrive and see the cords of stacked firewood flanking the front door, you can sense you're in for something special. Wood-fired fare is one of Flyover's signatures, along with a menu of always-evolving shareable small plates created with fresh, seasonal ingredients from local farms.

When you enter the eatery, you'll immediately notice the wood-burning oven and open-concept kitchen/bar, with stools lining the bar's perimeter. Church pew-style benches span several tables,

and other free-standing tables with chairs complete the collective aesthetic. Wells-Morgan and Dethrow wanted their space to convey a sense of community, of coming together to break bread and socialize.

Both share a deep appreciation for the way food can bring people together. Chef Wells-Morgan helped his grandmother prepare family dinners in her kitchen, setting the stage for him to pursue a culinary career. He worked at two highly regarded restaurants here before moving to New York in 2001 to attend the Culinary Institute of America. After internships with acclaimed eateries in New York and Kansas City, he moved back to Columbia in 2003, where he worked at multiple well-regarded restaurants.

Dethrow, a long-time friend of Wells-Morgan, grew up in the restaurant industry—his dad owned Columbia classic Booches from 1976-2005—and Dethrow worked there until graduating college. He also honed his craft at Village Wine & Cheese and Tellers in Columbia.

Since then, he has lived and worked in England, New Orleans, Indiana, and Michigan, amplifying his bar and restaurant expertise. As Flyover's beverage director, Dethrow wants guests to enjoy

sophisticated cocktails served by a friendly, knowledgeable staff, and to give his bartenders space—and license—to constantly innovate and elevate their craft.

Wells-Morgan and Dethrow conceived the concept for Flyover during the summer of 2014. In 2016, it became a reality.

Today, Flyover's inventive food and beverage creations don't disappoint. One excellent example: The "Chicken Fried" Cauliflower. This playfully named dish is actually vegetarian. It melds the flavors of crisp fried cauliflower, smoked sweet potato puree, Crows Fork Farm fresh goat cheese, chimichurri, and sliced green onion.

Another stand out? The soft pretzels, which are wood-fired Companion Bakery pretzel bread, served with warm Boursin fondue topped with walnuts, dried cranberries, and thyme-infused honey.

And speaking of infused, Flyover's cocktail menu often includes housemade shrubs infused with creative combinations of ingredients, along with a variety of local draft brews, as well as Rieger's Kansas City whiskey.

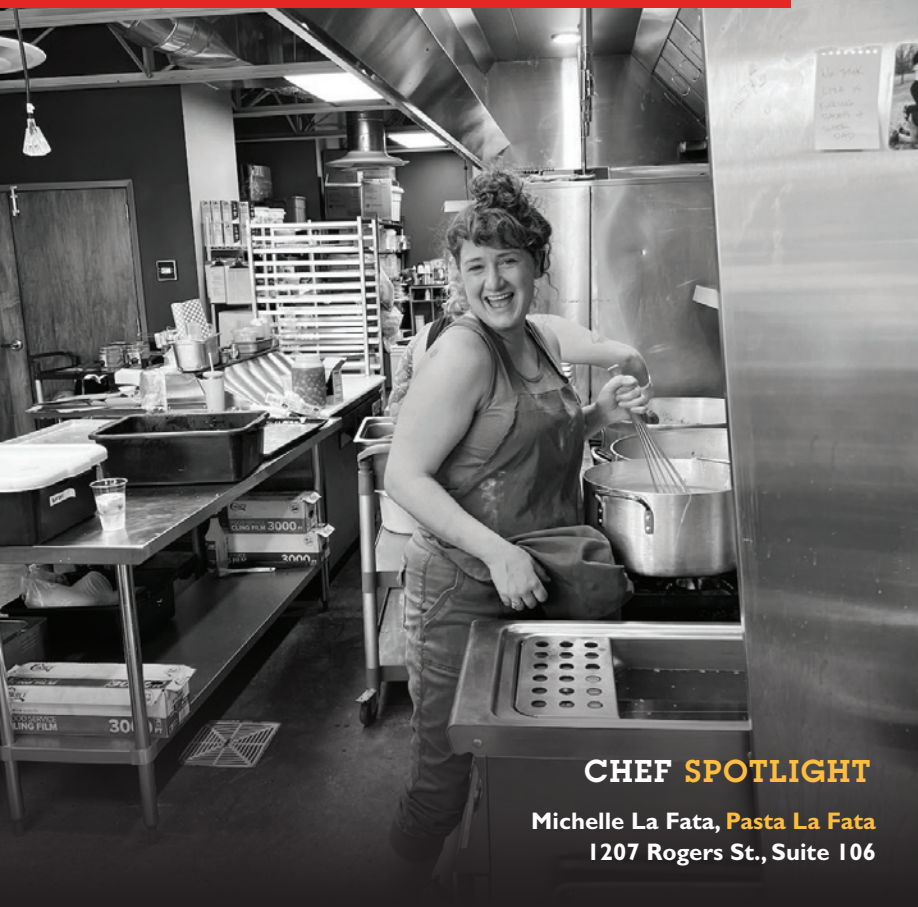
Why not spread your wings and try Flyover while you're in town? You'll be glad you did.



Pictured from left: Pasta Bolognese, Fried Cauliflower, and Warm Hug

NOM NOM NOM

RESTAURANTS TO PLEASE EVERY PALATE



CHEF SPOTLIGHT

Michelle La Fata, Pasta La Fata
1207 Rogers St., Suite 106

With a grandmother whose family emigrated from Sicily, it's no surprise Michelle "Shelly" La Fata knows her way around Italian dough—both pasta and pastry. She's a true doyenne of dough.

Her grandmother Josephine grew up in an Italian neighborhood in St. Louis, and La Fata lovingly honors Grandma Josie and her Italian heritage by baking cookies using Josie's recipes. La Fata also makes a variety of pastas and sauces based on classic Italian cooking but using her own original recipes.

All La Fata's items, including her toasted raviolis, are both handmade and scratch-made. She uses local, in-season ingredients in all her pastas, along with imported Italian items when needed. Her pastas, meatballs, lasagnas, and soups are all frozen and ready to heat.

Before 2022, you could only find La Fata's foods at the Columbia Farmers' Market, or by ordering online at PastaLaFata.net for pickup or delivery. But now there's another option: a visit to her brick-and-mortar shop at 1207 Rogers St., Suite 106. The location isn't exactly a restaurant—something she may open in the future—but rather a grab-and-go shop where you can pick up fresh, ready-to-eat specials from one case, and indulge in Italian pastries and sweets from another. Pasta La Fata also offers sauces and meals to take home, as well as ingredients integral to a great Italian meal.

"Pasta La Fata is the only place in Columbia you can find high-quality authentic Italian pasta dishes and groceries. The warm and friendly staff make it even better," says patron Liz Tummons-Galzetti. Her husband, Italian native Fabio Galzetti, agrees: "*L'unico posto dove puoi mangiare una buona pastasciutta a Columbia.*" ("The only place you can eat good pasta in Columbia.")

And speaking of Italian meals, La Fata also offers the Pasta La Fata "Scrappy Meals" program, started during the pandemic. The program turns her scraps into free meals for anyone who needs one.

Shelly La Fata isn't just a good cook; she's also a good Samaritan.

DINING LISTINGS

44 Canteen
21 N. Ninth St.
573-777-8730

44 Stone Public House
3910 Peachtree Drive
573-443-2726

1839 Taphouse
212 E. Green Meadows Road, Ste. 2
573-441-1839

A Little More
1010 E. Broadway
573-886-0038

Addison's American Grill
709 Cherry St.
573-256-1995
4005 Frontgate Drive
573-607-2129

Angelo's Pizza & Steakhouse
4107 S. Providence Road
573-443-6100

Arris' Pizza
1020 E. Green Meadows Road
573-441-1199

B&B Bagel Co.
124 E. Nifong Blvd.
573-442-5857

Bamboo Terrace
26 S. 9th St.
573-886-5555

Bandana's BBQ
3405 Clark Lane
573-256-2229

Bangkok Gardens
811 Cherry St.
573-874-3284

Barred Owl Butcher & Table
47 E. Broadway
573-442-9323

Beet Box
602 Fay St.
573-999-3889

Belly Market & Rotisserie
1010A Club Village Drive
(Corner of Nifong & Forum)
573-815-9711

Big Daddy's BBQ
1205 N. Garth Ave.
573-875-2227
1802 Paris Rd.
573-442-2884

Big Mama's Cafe
3510 Interstate 70 Dr. SE
573-554-5984

Big Mama Chim's Noodle House
905 Alley A
573-777-3108

Billiards on Broadway
514 E. Broadway
573-449-0116

The Bistro on the Blufftop at Rocheport
14020 W. Highway BB, Rocheport
573-698-2300

Booches
110 S. Ninth St.
573-874-9519

Broadway Brewery
816 E. Broadway
573-443-5054

Broadway Diner
22 S. Fourth St.
573-875-1173

Bud's BBQ
304 S. Ninth St.
573-777-1177

Bur Oak Brewing Co.
8250 Trade Center Drive
573-814-2178

CC's City Broiler
1401 Forum Blvd.
573-445-7772

Cafe Berlin
220 N. Tenth St.
573-441-0400

Cafe Poland
807 Locust St.
573-874-8929

Cajun Crab House
308 Business Loop 70 W.
573-442-7765

Campus Bar & Grill
304 S. Ninth St.
573-817-0996

Carlito's Cabo
12A Business Loop 70 E.
573-443-6370

Cheddar's Scratch Kitchen
1010 I-70 Drive SW
573-441-0617

Cherry Street Cellar
505 Cherry St.
573-442-7

Chicken Salad Chick
300 Brickton Rd.
573-227-6235

Chim's Thai Kitchen
904 E. Broadway
573-777-3082



Waves
Cider Co.

QUENCH YOUR THIRST

BREWERIES, DISTILLERIES & WINERIES

Broadway Brewery
816 E. Broadway
573-443-5054
BroadwayBrewery.com
Located in the heart of downtown, in The District, Broadway Brewery combines the love of craft beer with local food and public gathering. The rotating menu features local, seasonal fare.

Located in the North Village Arts District, Dogmaster Distillery crafts New American spirits and specialty cocktails in the tasting room.

Flat Branch Pub & Brewing
115 S. 5th St.
573-499-0400
FlatBranch.com

Enjoy hand-crafted beers on tap or a great house-made root beer along with a good meal in Flat Branch's upscale industrial setting or on the tree-covered outdoor patio.

Logboat Brewing Company
504 Fay St.
573-397-6786

LogboatBrewing.com
Logboat Brewing Company is a family- and dog-friendly microbrewery located in northeast downtown Columbia, complete with a taproom and large, fenced-in park setting.

Six-Mile Ordinary Distillery
700 Fay St.
573-808-0441

This libation station is a nod to Colonial times, when "ordinaries" were places that welcomed all to drink, rest, and engage in lively conversation. Six-Mile distills its own bourbon and carries vodka, rum,

and gin distilled by others. Enjoy the tasting room or schedule a tour.

The Blufftop at Rocheport
14020 W. Hwy BB
Rocheport
800-690-1830
MissouriWine.com
The Blufftop at Rocheport features a tasting room, Blufftop Bistro, and the A-Frame Patio where guests can enjoy the winery's wine, spirits, and gourmet food in a picturesque setting atop the bluffs along the Missouri River. Additionally, a craft distillery, Rocheport Distilling Co., is housed at the vineyards at Rocheport.

Waves Cider Co.
604 Nebraska Ave.
573-397-6786
WavesCider.com
Waves Cider Co. is Logboat's new sibling. Owned by the same proprietors, Waves Cider Co. offers gluten-free hard cider to visitors in its tasting room and has a small space for private events.



DINING LISTINGS CONT'D

China Star
3301 W. Broadway
Business Park Court
573-446-8866

Chris McD's
1400 Forum Blvd.
573-446-6237

CJ's in Tiger Country
704 E. Broadway
573-442-7777

CoMo Smoke & Fire
4600 Paris Road, Ste. 102
573-443-3473
3804 Buttonwood Drive
573-447-67825

Crazy Good Burritos
815 Business Loop 70 E.
573-447-6232

Crushed Red
2540 Broadway Bluffs Drive
573-442-0016

Culver's
2520 Broadway Bluffs Drive
573-442-5975
2010 Bernadette Drive
573-447-6847

Delia's Mexican Grill
201 N. Tenth St.
573-499-1010

Deuce Pub & Pit
3700 Monterey Drive
573-443-4350

Dive Bar
1116 Business Loop 70 E.
573-607-9523

D. Rowe's
1005 Club Village Drive
573-443-8004

Domino's Pizza
1500 I-70 Drive SW
573-875-1010
416 S. Ninth St.
573-875-3030
1621-A Towne Drive
573-474-9565
3104 Green Meadows Way
573-443-3030

Donut D-Light
1301 Vandiver Drive, Ste. P
573-814-2304
3301 W. Broadway
Business Park Court, Ste. A
573-814-2303

El Fogón Veracruzano
923 E. Broadway
573-447-6595

El Jimador
3200 Penn Terr.
573-474-7300

El Maguey
901 E. Nifong Blvd.
573-874-3812

Eleven Eleven
1111 E. Broadway
573-818-6207

Elliana's Donut Shop
1105 Grindstone Pkwy.
573-442-5608

El Oso Mexican Grill
522 E. Broadway
573-256-2855

Ernie's Cafe & Steakhouse
1005 E. Walnut St.
573-874-7804

First Watch
1301 Grindstone Pkwy.
573-258-4972
421 N. Stadium Blvd.,
Ste. 109
573-615-5100

Flat Branch Pub & Brewing
115 S. Fifth St.
573-499-0400

Fluffybutt Cookies
2200 Forum Blvd. Ste. 107
573-881-0902

Flyover
212 E. Green Meadows Road
573-825-6036

Freddy's Frozen Custard & Steakburgers
100 Brickton Road,
Ste. 110
573-442-2415
3922 S. Providence Road
573-818-1584

G&D Pizzeria
2101 W. Broadway, Ste. L
573-445-8336

G&D Steakhouse
2001 W. Worley St.
573-445-3504

Geisha Sushi Bar
804 E. Broadway
573-777-9997

George's Pizza and Steakhouse
5695 Clark Lane
573-214-2080

Glenn's Cafe
29 S. Eighth St.
573-447-7100

Golden Corral Family Steakhouse
3421 Clark Lane
573-814-3305

Goldie's Bagels
114 S. Ninth St.

Grand Cru Restaurant
2600 S. Providence Road
573-443-2600



CHEF SPOTLIGHT

Dave Johnson, the Broadway Diner
22 S. Fourth St., 573-875-1173

Cooking is as natural as breathing for Dave Johnson. He grew up in the restaurant business, and says he also learned from “church ladies, lunch ladies, and some of my 4-H leaders.” He officially took over as chef at the Broadway Diner in 1989.

Besides instilling a love of cooking in Johnson, those groups also instilled a love of community. He says that’s only grown and been reinforced “by all the folks we’ve served over the years.”

That’s a big part of why Johnson generously gave away meals during the worst of the COVID pandemic.

The spot’s known for its homey atmosphere and homestyle favorites such as skilletts, biscuits and gravy, pies, and other delicious, filling fare. Johnson says he’s met so many interesting people over the years who’ve come in to dine while here for sporting events, college visits, and even doctors’ appointments.

Originally, the diner was called The Minute In. Johnson says he laughed at that play on words. Depending on how you pronounced it, it could mean a minute in time, or a really small—i.e. minute—diner. Small in size, certainly, but not in popularity.

DINING LISTINGS CONT'D

Lee's Famous Recipe Chicken

2316 Paris Road
573-474-5337

Logboat Brewing Co.

504 Fay St.
573-397-6786

Longhorn Steakhouse

31 Conley Road
573-874-3000

Love Sushi Columbia

2101 W. Broadway, Ste. S
573-476-6368

Main Squeeze

Natural Foods Cafe

28 S. Ninth St.
573-817-5616

McAlister's Deli

1205 Grindstone Pkwy., Ste. 121
573-256-7783

Midway Diner

6401 W. Highway 40
573-445-1211

Mrs. G's Restaurant

1301 Vandiver Dr., Ste. E
573-424-3718

Mugs Up Drive-In

603 Orange St.
573-442-9833

Murry's

3107 Green Meadows Road
573-442-4969

Nothing Bundt Cake

2900 Trimble Rd., Ste. 103
573-615-7500

Nourish Cafe & Market

1201 E. Broadway, Ste. B
573-818-2240

Olive Garden Italian Restaurant

1300 I-70 Drive SW
573-443-2082

Osaka Japanese Restaurant

120 E. Nifong Blvd.
573-875-8588

Pappo's Pizzeria & Pub

10 W. Nifong Blvd.
573-818-1790

Park Restaurant & Bar

4380 Nocona Pkwy.
573-554-1955

Gumby's Pizza & Wings

1201 E. Broadway
573-874-8629
912 Rain Forest Pkwy.
573-777-8998

Günter Hans

7 Hitt St.
573-722-4045

Harpo's Bar & Grill

29 S. Tenth St.
573-443-5418

Heidelberg Restaurant

410 S. Ninth St.
573-449-6927

Honey Baked Ham

510 E. Green Meadows Road, Ste. 107
573-256-4267

Hot Box Cookies

1013 E. Broadway
573-777-8777

House of Chow

2101 W. Broadway
573-445-5763 or
573-445-8800

Huhot Mongolian Grill

3802 Buttonwood Drive
573-874-2000

I Am Sushi and Grill

4603 John Garry Drive, Ste. 3
573-449-0864

Imo's Pizza

601 Business Loop 70 W.
573-817-1777

India's House

1101 E. Broadway
573-817-2009

Insomnia Cookies

308 S. Ninth St. #113
573-250-8124

Irene's

711 N. College Ave.
573-579-1192

Italian Village

711 Vandiver Drive, Ste. B
573-442-8821
1729 W. Broadway, Ste. 13
573-446-8821

Jazz, A Louisiana Kitchen

217 N. Stadium Blvd.
573-443-5299

Jimmy's Family Steakhouse

3101 S. Providence Road
573-443-1796

Jina Yoo's Asian Bistro

2200 Forum Blvd., Ste. 109
573-446-5462

José Jalapeños

4103 W. Vawter School Road, Ste. 101
573-442-7388

Just Jeff's

701 Business Loop 70 W.
573-673-8741

Kampai Alley

907 Alley A
573-442-2239

Kobe Japanese Steakhouse

2531 Broadway Bluffs Drive
573-441-2341

Kojaba

21 N. Providence Road
573-442-8383

Krustaceans Seafood

22 N. Ninth St.
(573) 507-6623

La Siesta

33 N. Ninth St.
573-449-8788

La Siesta North

3890 Rangeline St., Ste. 115
573-228-9844

Las Margaritas

10 Southampton Drive
573-442-7500
5614 E. St. Charles Road
573-228-6700
220 S. Eighth St.
573-442-4300

La Terraza Mexicana Grill

1412 Forum Blvd., Ste. 140
573-445-9444

Le Bao Asian Eatery

1009 Park Ave.
573-443-2867

Lee Street Deli

603 Lee St.
573-442-4111

Named for her hometown of Sagua La Grande, Cuba, owner and head chef Katy Ugalde grew up in the family's restaurant business. It's no surprise she learned the secrets and skills behind authentic Cuban cooking.

After heading to Dallas in 1997 and working in a high-end restaurant, she was hungry for a fresh start. With both her chef and English skills sharpened, Ugalde came to Columbia. She worked at several local places including the Country Club of Missouri and Flat Branch Brewing Co., before opening Sagua La Grande in 2019, realizing her dream of having a Cuban cafe serving authentic flavors from her town.

Today, we're reaping the rewards of Ugalde's efforts. You can enjoy flavorful Cuban classics, like Ropa Vieja (Ugalde's favorite dish on the menu and a best-seller), a Cubano sandwich, arroz con pollo (two more best sellers), empanadas, traditional picadillo (General Manager Greg Butler's favorite dish), and more.

In addition to his role as GM, Butler makes some of the desserts and dessert specials, along with sandwiches, salads, and entrees. Among the most popular desserts are flan and guava cheesecake.

Greg says they get a lot of newcomers to Cuban cuisine, and that a lot of people share desserts, or come in just for dessert and Cuban coffee. "We want everyone to know that this is as authentic as it gets; this is a similar menu to what you will find (with a few exceptions) all across Cuba," he says.

This is your cue to try Cuban, if you never have.



CHEF SPOTLIGHT

Greg Butler & Katy Ugalde
Sagua La Grande
 114 S. Ninth St. #101, 573- 818-1766

DINING LISTINGS CONT'D

The Pasta Factory Restaurant & Bar
 3103 W. Broadway, Ste. 9
 573-449-3948

Peggy Jean's Pies
 503 E. Nifong Blvd., Ste. C
 573-447-7437
 421 N. Stadium Blvd., Ste. 103
 573-447-7146

Peking Restaurant
 212 E. Green Meadows Road
 573-256-6060

Pho Quan Viet Cuisine
 1301 Vandiver Drive #J
 573 449-0504

Pickleman's Gourmet Cafe
 1106 E. Broadway
 573-875-2400
 2513 Old Hwy. 63 S.
 573-886-2300
 3103 W. Broadway #105
 573-875-0400
 304 S. Ninth St.
 573-474-0008

Pizza Tree
 909 Cherry St.
 573-874-9925

Raising Cane's
 203 S. Providence Road
 573-530-9100

Range Free
 110 Orr St. #101
 573-777-9980

Rio Grande Mexican Restaurant
 3306 W. Broadway
 Business Park Court
 573-445-2946

Room 38
 38 N. Eighth St.
 573-449-3838

Sagua La Grande Cuban Cafe
 114 S. Ninth St., Ste. 101
 573-818-1766

Sake
 16 S. Tenth St.
 573-443-7253 (SAKE)
Seoul Taco
 1020 E. Broadway
 573-441-8226

Shakespeare's Pizza
 225 S. Ninth St.
 573-449-2454



CHEF SPOTLIGHT

Jeff Nichols, Lee Roberts, Dive Bar
 1116 Business Loop 70 E., 573-607-9523

"If you enjoy local, if you enjoy quaint, we're your spot," says Dive Bar's co-owner Karen Geotz. Contrary to its name, the spot is hardly a "dive bar" in the traditional sense. With creative menu items such as the portobello-stuffed avocados, courtesy of Lee Roberts, and the Dive Cristo, the food has a fun, flavorful flair. It was the first spot in CoMo to offer candied peppered bacon, another of Roberts's culinary contributions.

Popular picks include lobster rolls and the Berkshire (Rueben). A wide whiskey selection, spacious patio, and live music on the weekends are other pluses.

Although Nichols was not professionally trained, his life experiences easily translated into tasty creations. With grandparents who were hog farmers, he grew up learning to butcher and prep meat. Along with assists from Roberts and J.T. Schnakenburg, who was with the kitchen team early on, the restaurant's menu took shape.

Dive Bar has some exciting new menu items coming this year, and began offering bowls this past spring. Goetz says they may even add flatbreads and some official "big" entree items daily.

So when in CoMo, dive into Dive Bar's deliciousness. It won't disappoint.

DINING LISTINGS CONT'D

3304 W. Broadway
Business Park Court
573-447-1202
3911 Peachtree Drive
573-447-7435

Shiloh Bar & Grill
402 E. Broadway
573-875-1800

Sophia's
3915 S. Providence Road
573-874-8009

Southside Pizza & Pub
3908 Peachtree Drive
573-256-7337

Sparky's Homemade Ice Cream
21 S. Ninth St.
573-443-7400

Stadium Grill
1219 Fellows Place
573-777-9292

Sub Shop
209 S. Eighth St.
2105 W. Worley St.
601 Business Loop 70 W.
#203
805 E. Nifong Blvd.
573-449-1919

Sycamore
800 E. Broadway
573-874-8090

Taco Bell
3301 Clark Lane
573-886-0625
220 Business Loop 70 E.
573-449-1421
2009 Bernadette Drive
573-446-4266
1421 Cinnamon Hill Lane
573-442-9721
411 S. Providence Road
573-443-7354
508 E. Nifong Blvd.
573-875-0359
1100 Smiley Lane
573-449-9801

Taco's4Life
511 E. Green Meadows
Road
573-818-2212

Taj Mahal
601 Business Loop 70
W., Ste. 206
573-256-6800

Taqueria Don Pancho
3907 Peachtree Drive
573-818-1591

Teller's Gallery and Bar
820 E. Broadway
573-441-8355

T.G.I Friday's
3030 I-70 Drive S.E.
573-817-2440

The Bistro on the Blufftop at Rocheport
14020 W. Highway BB,
Rocheport
573-698-2300

The Quarry
1201 E. Broadway
573-447-7462

The Roof
1111 E. Broadway
573-875-7000

Thirsty Turtle
916 Business Loop 70 E.
573-442-6696

Toasty Goat Coffee Co.
3301 W. Broadway
Business Park Court,
Ste. A
573-814-2303

Tony's Pizza Palace
17 N. Fifth St.
573-442-3188

Tortilleria El Patron
711 Vandiver Drive
573-607-9127

Tropical Liqueurs (Trops)
515 E. Broadway
573-442-8098
3805 S. Providence Road
573-256-7141

Tropical Smoothie Cafe
403 N. Stadium Blvd.,
Ste. 102
573-445-5115
2609 E. Broadway,
Ste. 200
573-355-5875

Truman's Bar & Grill
3304 Broadway
Business Park Court
573-445-1669

U Knead Sweets
808 Cherry St.
573-777-8808

Uprise Bakery
10 Hitt St.
573-256-2265

Wicked Asian Wings
807 E. Walnut St.
(573) 442-8359

Willie's Pub & Pool
1109 E. Broadway
573-554-1485

Yummy's Donut
200 N Providence Road
573-789-4889

Sparky's Oreo
Speedwagon



CHEF SPOTLIGHT

**Tony Layson, Sami Lindenbusch,
and Ryan Matticker**
Sparky's Homemade Ice Cream
21 S. Ninth St., 573-443-7400



The three flavor-makers at this quirky and inventive ice cream shop each get their creative sparks for Sparky's from different sources: Sami thinks up silly puns and then builds flavors around them. She says it makes her so happy when customers recognize the references—especially when they enjoy the ice cream, too.

Ryan says, "Honestly, inspiration can come from anywhere. I've dreamed stuff up. There's also a suggestion jar!"

Tony, the veteran maker with 15 years at the shop, loves going into grocery stores or global markets, walking around, and looking at ingredients he thinks could be interesting. "I also like researching what flavors of ice cream are popular in different parts of the world. Whenever I travel, I always get ice cream at as many places as I can," Tony says. "I should probably start writing those off as a business expense."

Providing a frozen fix for customers since 2003, Sparky's is known for its luscious, lickable creations, whimsical decor, and sometimes daring dairy delights; it once served a cicada flavor. Ryan says, "The cream cheese ranguon was the most controversial flavor I've made. I swear some people really liked it!" Adds Sami, "I made a spicy pickle flavor for the 4th of July last summer and it tasted exactly like it was meant to."

Sparky's always has 26 flavors available: 22 ice creams and four non-dairy/vegan options. They've made a concerted effort the last few years to have more vegan and non-dairy options. Although the shop served a flavor for Homecoming in 2022, "we don't normally get into the sports realm," Tony says. "We love doing holiday flavors and coming up with good scary movie puns for Halloween."

The makers love partnering with other places in town. They've worked with Ozark Mountain Biscuit Co., Boone Olive Oil Co., Lakota Coffee, BeetBox, and others. Soon, Sparky's will be collaborating with Les Bourgeois Vineyards, offering two flavors: White Russian and Les Bourgeois. Of the "regular" flavors, Oreo Speedwagon is the runaway favorite.

Now you know the scoop on Sparky's.

FOOD ON THE GO

COMO FOOD TRUCKS



The Big Cheeze

573-529-6236

Facebook.com

/TheBigCheezeMizzou

Grab a gourmet grilled cheese at The Big Cheeze, which serves this homey concoction with all sorts of yummy amendments, or classic if that's your wish.

Big Daddy's BBQ

573-875-2227

Facebook.com

/BigDaddysBBQCoMo

Big Daddy's BBQ serves Southern, family-style barbecue. Their secret recipe barbecue sauce tops everything from pulled pork to rib tips.

Billy Hinson's Old School BBQ

573-489-4893

Facebook.com

/BillyHinsonsOldSchoolBBQ

Barbecue at this food truck is done the old school way—low and slow. Just look for the yellow school bus.

Eats and Treats

573-338-2422

Facebook.com

/EatsAndTreats1234

Eats and Treats serves everything from breakfast to barbecue, but their specialty is serving up Central Dairy ice cream.

Gator Wagon

Facebook.com/GatorWagon

As its name implies, the Gator Wagon serves up fried alligator, catfish, frog legs, and more.

Jamaican Jerk Hut

573-607-9779

Facebook.com/JamJerkHut

Traditional Jamaican cuisine in the middle of Missouri.

Kona Ice

573-819-5432

Facebook.com/KonalceCoMo

A mobile Hawaiian-style shaved ice company providing services that include local events, festivals, school activities, special catering events, and more.

Lilly's Cantina

573-355-4831

LillysCantina.com

Lilly's Cantina features fresh ingredients to create Baja Midwest fusion dishes. It's a gourmet take on traditional Mexican food.

Mr. Murphy's

573-808-7192

Facebook.com

/MrMurphyStuffedPotatoes

Mr. Murphy's serves up more than spuds stuffed with everything from smoked chicken or pulled pork to Sloppy Joes or pot roast. Nachos and salads are also menu mainstays, which can be topped with anything a spud can be. Chips and smoked meats are house-made, and other ingredients are sourced locally.



Munchi's Fish & Chicc'n

573-443-0162

Facebook.com/MunchisCoMo

Fast urban cuisine with a soul food twist can be found at Munchi's Fish & Chicc'n. You'll find fried catfish nuggets, pizza puffs, tempura shrimp, and more; plus, everything comes with Munchi Sauce, a honey hot sauce. The food truck travels, but you can usually find it at 922 Business Loop 70 E.

Nuu Thai

573-427-7368

Facebook.com/NuuThaiFood

Find authentic Thai food at Nu Thai food truck. The chefs specialize in basil dishes, egg noodles, and spring rolls.

Ozark Mountain Biscuit Company

573-999-9323

OzarkMountainBiscuits.com

Biscuits are the star of the show at Ozark Mountain Biscuit Company. They use fresh seasonal ingredients to create generations-old Southern dishes, on biscuits, food-truck style.

The Patty Wagon

573-673-8736

Facebook.com

/ThePattyWagonCoMo

The Patty Wagon has the smash burger method locked in tight. Check them out for what they claim are "the most wanted burgers in town."

VooDoo Sno

573-212-8444

Facebook.com/VooDooSno

At VooDoo Sno, you can get New Orleans-style sno-balls, the snow cone's fluffier, flavorful cousin.

Wrap It Up

573-222-0363

Facebook.com/WrapItUpMo

Wrap It Up offers healthier fare for those looking for wraps, bowls, and hoagies.

Zydeco's Cajun Kitchen Food Truck

660-693-3544

Facebook.com/ZydecosCo

Zydeco's Cajun Kitchen serves delicious Cajun food. They offer fresh seafood, po-boys, and vegetarian dishes that highlight the very best of Louisiana cuisine.

COFFEE SHOPS



Acola Coffee Co.

300 N. 10th St., Ste. 100

573-447-8050

AcolaCoffee.com

Aroma

1009 N. Providence Road

573-228-9480

TheAromaCoffeehouse.com

Coffee Zone

11 N. 9th St.

573-449-8215

Facebook.com

/comocoffezone

Fretboard

1013 E. Walnut St.

573-227-2233

FretboardCoffee.com

Just Love Coffee

5414 Clark Ln., Ste. 100

573-214-0552

JustLoveCoffeeCafe.com

/battlecrossing

Lakota

24 S. 9th St.

573-874-2852

3111 Green Meadows Way

573-499-9901

LakotaCoffee.com

Love Coffee

573-777-1877

15 Business Loop 70 E.

23 S. 8th St. (Inside

voco The Tiger Hotel)

ColumbiaLoveCoffee.org

Rise & Grind

904 Elm St. #100

573-777-4777

TheColumbiaGrind.com

Shortwave

573-214-0880

915 Alley A

29 S. 9th St.

(In The Understudy)

573-214-0880

Shortwave.coffee

The Grind

2601 Rangeline St. #101

573-447-6666

4603 John Garry Drive #1

573-447-3333

1412 Forum Blvd., Ste. 135

573-777-8999

TheColumbiaGrind.com

Toasty Goat

515 S. Scott Blvd., Ste. 101

573-607-9015

ToastyGoatCoffee.com



CHEF SPOTLIGHT

Billy Hinson's Old School BBQ
Location du jour

There are food trucks and then there's Billy Hinson's Old School BBQ food ... bus. Yes, an actual old yellow school bus that was converted to a fully functional smokin' and servin' station.

When Hinson originally started selling his barbecue in 2017, he had a flatbed trailer that he hauled his smokers, steamers, warmers, and generator around on. He'd then work and sell out of a tent.

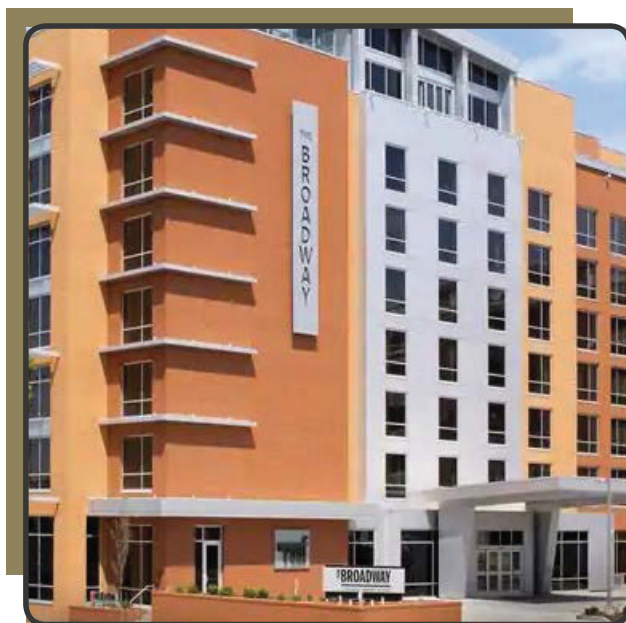
After a few years of that, he decided there had to be a better way, but properly-outfitted food trucks can be expensive. After sharing his dilemma with a pal, Hinson's buddy suggested a school bus as a solution.

Hinson had the bus totally modified so he could smoke his meat on-site. He then changed the name of his business from "Pork Belly and Burnt Ends" to its current moniker, "Billy Hinson's Old School BBQ," tying his whole concept up with a neat yellow bow. He rolled the bus out in summer of 2020.

Luckily, the food didn't change when the name did. Hinson still fuels his smokers with oak and hickory wood and charcoal, never propane. Eager diners can even watch smoking in action. His best-selling menu items are the brisket or burnt ends—cut to order—along with his brisket sandwich. He also serves up ribs, pulled pork, and slow-cooked chicken glazed with his signature sauce. Side choices are baked beans, mac 'n' cheese, coleslaw, or potato salad.

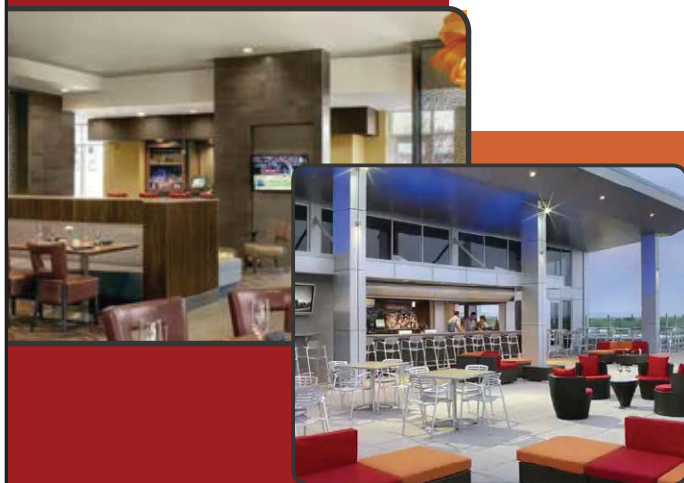
You can find Billy Hinson's Old School BBQ throughout Columbia. You can see his weekly schedule on Facebook.

Location. Location. Location.



A singular destination in a city full of them. The Broadway is a unique boutique hotel offering exclusive amenities and an engaging experience from the ground up. Whether you're staying for business or pleasure, warm, spacious rooms and a friendly attentive staff await you at The Broadway Hotel.

THE BROADWAY
A DOUBLETREE BY HILTON



1111 E. Broadway, Columbia, MO 65201 • (573) 875-7000

Call hotel for more information or visit

TheBroadwayColumbia.com

SHOP OPPS

THREE LOCAL SPOTS TO FIND CRAFT CREATIONS

If you want to find a special souvenir or a great gift while you're in CoMo, make your way to these three Columbia shops that offer local and regional artisan-crafted items. From warm woolens, to marvelous mugs, to cute cookies—odds are you'll find something just right.



TREASURES STEM FROM THIS STORE

> **Bluestem**, at 13 S. Ninth St., stocks an amazing array of goods: handwoven shawls, hand-thrown pottery, statement jewelry, whimsical welded works, wooden works of art—such as cutting boards, pens, and coasters—as well as ornaments, and more. You're bound to find that perfect present or something that "speaks to you" for yourself.



THE SWEET SMELL OF SUCCESS

> For something uniquely personal, visit **Makes Scents** at 25 S. Ninth St. Are there certain smells that make you smile? Makes Scents can meld them into a signature scent just for you! The staff can concoct a custom-made scent to suit you or someone you care about. The shop also carries handmade soaps and a variety of other aromatic items, as well as other giftable items.

A GATHERING OF GIFTS AND GOODS

> Columbia is also home to **Plume**, a unique shop and communal gathering place for customers and female craft creators to convene. Located at 5751 S. Route K in Columbia, Plume sells handcrafted items, including wearable, edible, and usable ones. But perhaps more importantly, it offers various workshops and private events and a supportive atmosphere. Owner Kelly Gilleon says, "At the end of the day, I hope Plume isn't just a shop full of pretty things. I hope it's known as a place filled with a pretty spirit. A place that welcomes women ... young and old. Maybe to shop. Maybe to talk. Maybe to gather and learn a new craft or support one another through life's trials."





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www.columbiabmw.com

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PAGING ALL BOOK LOVERS

COLUMBIA HAS YOU COVERED

Columbia is a community of readers. If you're a bibliophile, you'll want to book it to one of CoMo's best bets for browsing and buying.

Since 1977, **Columbia Books**, 1907 Gordon Street, has filled the wishes of avid readers and collectors nearby and from a distance. This shop has an eclectic mix of 35,000 cataloged books on its shelves, from the latest releases to antique volumes. A step ahead of giant online booksellers, the store began selling books online in 1992. These story sleuths will even search for editions they don't have for customers. The shop also carries a big collection of prints, maps, and older periodicals. Keep an eye out for the shop's two resident felines, aptly named after characters from Harry Potter—Draco and Andromeda. You may catch them catnapping somewhere.

In the heart of The District, on Ninth Street, you'll find a book bonanza: Not just one bookstore, but two! **Yellow Dog Books**, 8 S. Ninth, is a mom-and-pop shop that buys, trades, and sells fiction, nonfiction, and children's books "in the hope that everyone can find a little something to treasure." An artsy aside? Kelsey Hammond, co-owner of the shop with her husband Joe, is the executive director of the Columbia Art League (CAL) at 207 S. Ninth. (Worth a side trip.)



A few doors away is **Skylark Bookshop**, 22 S. Ninth. Opened by accomplished author Alex George, who has penned seven novels including *The Good American*, *Setting Free the Kites*, and *The Paris Hours*, the shop offers a carefully curated selection of books of every ilk, including self-published books by residents of mid-Missouri.

Many of Skylark's staff are writers themselves. The shop offers subscriptions and a reading spa, and customers may also order online. Check out Skylark's quirky collection of book-related wares, such as mugs, spices, T-shirts, and more. Epilogue: George is the founder and director of

Columbia's annual Unbound Book Festival, which occurs every April.

Columbia is also home to a **Barnes & Noble Bookseller**, located at the Columbia Mall, 2300 Bernadette Drive.

Although not technically a bookstore, the **State Historical Society of Missouri** (SHSMO), 605 Elm Street, has an excellent bookstore featuring many Columbia- and Missouri-related titles.

And if you happen to be in town at the right time, **Columbia's Daniel Boone Regional Library**, 100 W. Broadway, becomes a de facto book store several times a year in a fundraising effort.



ARE YOU GAME?

CHECK OUT COMO'S GAMING & TRADING CARD SPOTS

If you and your friends or family are into board or card games, or role play, you'll find Columbia's game, too!

CoMo has a warm and welcoming game community. **Valhalla's Gate Games**, near the Columbia Mall, was opened in 2000 by Mark and Katie Burton, and two other business partners, Thad and Suzanne Yonke. At the time, there were a couple of other game stores in Columbia, but neither store is still in business.

Valhalla's Gate stocks an impressive array of family and board games, strategy, party, and collectible card games, miniatures, singles for Magic the Gathering, Dragon Shields, card sleeves, deck boxes, and more. It has a large, dedicated gaming space and hosts tournaments, campaigns, leagues, workshops, and special events.

Magelings Games on Providence Road was founded in 2012 by Sheldon Jackson, and Nathaniel "Nat" Graham and wife, Tracy. Nat says, "We focused more on collectible card games and offering open spaces to play, while keeping our sales floor reduced."

Nat had a store called Magelings in Nova Scotia, Canada, when he was in the Canadian Navy. When he and Tracy moved to Columbia, he missed having a good Magic community. The couple happened to live near the original Valhalla's Gate location in south Columbia, which didn't have a Magic community. "Nathaniel partnered with them on consignment to sell items through their store," Tracy says. Eventually the couple opened a store of their own.

Their goal at the time was to work at the shop without pay and make enough to cover rent and refresh products. "From week one, we had such an outpouring of support that we made enough money to pay the rent and have been growing ever since," Tracy says. "We knew we could add products and other gaming communities if we made the space welcoming and family-friendly. One by one, we focused on the players and their needs to build community."

Magelings was the first Columbia store to hold weekly Yu-Gi-Oh and Pokemon events/tournaments. "We hold weekly events as well as 'sneak peeks' or prereleases for these systems and others," Nat says. Like Valhalla's Gate, the store has a board game library and miniature tables, and has hosted large competitive events for Magic the Gathering.

Nat is proud of the diversity within their store. "Just the other weekend I was seeing children playing Pokemon with adults. In another part of the store there were mixed age adults enjoying the latest release of Magic the Gathering," he says. "We have a pretty broad spectrum of ages, backgrounds, and lifestyles."

They've had people come from Texas for their events. "During the summer, we see a lot of travelers due to our closeness to the highway. Being a college town, there are always visitors to our city."

In addition, although not officially a game and card shop, **Slackers on Broadway** carries Magic the Gathering and Pokeman cards. Game on.





ART FAR APART FROM AVERAGE

EXPLORE THE NORTH VILLAGE ARTS DISTRICT

Columbia is home to a creative, artistic population and the North Village Arts District (NVAD) showcases their talents, as well as those of other mid-Missouri artists and craftspeople, in a spectacular fashion.

As its name implies, it is a “village” of sorts—a close community of supportive, creative souls who work and create in renovated and repurposed buildings, warehouses, and shops. Art, music, and small businesses thrive in this unique part of CoMo. NVAD was founded in 2009 and is a 501c3 nonprofit organization.

NVAD, a roughly nine-block-square area one block north of Broadway (Columbia’s main drag), is the ideal place for an art-filled outing, whether you’re looking for a special souvenir, a gift, or a piece of art to acquire—hands down you’ll leave with your find in hand.

Stroll along East Walnut Street and find several great galleries to browse. The **Sager Reeves Gallery** offers eclectic exhibitions including paintings, photography, and sculpture. **Artlandish** is an intriguing little gallery

offering options for gifts, fine art, apparel, and home decor.

Another place to check out is **Orr Street Studios**. Something of an artists collective, it facilitates interactions between the public, art, and artists. This NVAD linchpin features revolving exhibits in its gallery, hosts art-related private and community events, and houses more than 30 artists.

You’ll find more than 150 artists total in NVAD working out of fine arts studios, film companies, dance studios, design companies, music studios, live performance spaces, galleries, nightclubs, a theater, restaurants, cafes, shops, yoga studios, a distillery, and a farmers and artisans market.

NVAD is also known as the home of **First Fridays**—a free art crawl on the first Friday of each month. On First Fridays, visitors can stroll through the area from 6 to 9 PM and browse galleries, shops, and businesses, while also enjoying music, art demonstrations, children’s activities, refreshments, and much more.

Plan an art-filled excursion to NVAD. It’s inviting, inspiring, and incomparable.

IT TAKES A VILLAGE

Meet NVAD’s many members:

- Art Underground
- Artlandish Gallery
- Artworks Studios
- The Atrium
- The Beach Salon
- Cafe Berlin
- Castello Branco Fields
- Coming Home
- Curations573
- DogMaster Distillery
- DogMistress Essentials
- Dogwood Studios
- DowntownCoMo
- I | Eleven
- Fretboard Coffee
- Hempriety
- Jane Mudd
- Jenny McGee
- John Fennell
- Jonathan Asher Photography
- Julie Youmans
- Le Bao Asian Eatery
- Lea Lichty
- Lisa Bartlett
- Love Columbia
- Mike Seat Fine Art
- Mareck Center for Dance
- Monarch Jewelry
- North Village Recording
- Orr Street Farm & Art Market
- Orr Street Studios
- Range Free
- The Roof
- Rose Music Hall
- Sager Reeves Gallery
- Serendipity Salon & Gallery
- Shannon Webster Art Studio
- Sharyn Hyatt
- Shear Soul Hair Studio
- Stop-Gap Projects
- Talking Horse Productions
- Tootie Burns Mixed Media
- Yoga Sol

SHOPPING

COMO BOUTIQUES & SHOPS

The District Boutiques



Mizzou
Memorabilia
Postcards and
Coasters at
PLUME

CoMo
Insulated
Travel Tumbler
at Columbia
Convention
& Visitors
Bureau



Cactus in a
One-of-a-kind
Planter at
POPPY



Handcrafted
Blackberry
Ginger
Balsamic
Vinegar at
Boone Olive
Oil Co.

Broadway Shops and Broadway Bluffs Highway 63 and Broadway 573-446-5500

LindnerProperty.com
The Broadway Shops
and Broadway Bluffs
feature restaurants that
include Applebee's,
Chipotle, Culver's,
Firehouse Subs,
Crushed Red, Tropical
Smoothie, Starbucks,
and WingStop. You can
also find retailers and
specialty shops such as
Smallcakes, Scrubs &
Beyond, Palen Music,
and others.

Columbia Mall
2300 Bernadette Drive
(off I-70 on Stadium
Boulevard)
573-445-8458
VisitColumbiaMall.com
Columbia Mall is
anchored by Barnes
& Noble, Dillard's,
JCPenney, and Target
and has more than
90 stores and nine
restaurants, plus
convenient, free parking.

**Crossroads West
Shopping Center**
2101 W. Broadway
(corner of Stadium
and W. Broadway)
Stores and restaurants
at Crossroads West
Shopping Center

include Andy's Frozen
Custard, Love Sushi,
G&D Pizzeria, Red Weir
Athletic Supplies, and
more.

The District
573-442-6816
DiscoverTheDistrict.com
Nestled between
three colleges, The
District is a live/work/
play neighborhood that
fosters the creative,
the eclectic, and the
local. The District
encompasses 50 square
blocks of tradition and
innovation, and more
than 600 businesses,
nonprofits, and
government entities call
it home.

**Forum Shopping
Center**
Corner of Forum
and Stadium
573-446-5500
LindnerProperty.com
Anchored by Schnucks
Supermarket, the Forum
Shopping Center also
features Goodrich
Forum 8 Theaters,
Treats Unleashed,
Tuesday Morning, Eyes
on Missouri, and other
retailers. Restaurants
include Chris McD's
Restaurant & Wine Bar,
Subway, La Terraza, The
Grind Coffee House,
and Dickey's BBQ.

The Loop
573-443-5667
TheLoopCoMo.com
Need to learn something
or get something fixed
or built? Check out the
makers with get-it-done
attitudes on The Loop.
170 retail, restaurant,
and service businesses
are located on the I-70
Business Loop. They
include Carpet One
Floor + Home, Harbor
Freight Tools, Just Jeff's,
Jabberwocky Studios,
Mugs Up Drive-In, and
more.

Parkade Center
601 Business Loop 70 W.
573-442-2257
Stores and restaurants
at Parkade Center
include Harbor Freight
Tools, Sub Shop,
Yancey Auto Parts,
Hockman Interiors, and
CosmoProf.

**The Shoppes at
Stadium**
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573-449-8323
Anchored by Dick's
Sporting Goods and
PetSmart, the Shoppes
at Stadium also includes
Old Navy, rue21, Shoe
Carnival, Five Guys
Burgers and Fries,
ULTA, Chick-fil-a, and
David's Bridal, among
others.

ANTIQUES & COLLECTIBLES

**Artichoke Annie's
Antique Mall**
1781 Lindberg Drive
573-474-2056
At Artichoke Annie's,
quality antiques and
furniture fill 200 booths
in a 30,000-square-foot
space. The shop is located
10 miles east of Columbia
at Exit 137 on I-70.

**Columbia Coin
& Stamp**
405C Bernadette Drive
573-445-1715
ColumbiaCoinAndStamp.com
Columbia Coin & Stamp
buys and sells coins,
stamps, gold and silver
bullion, and jewelry. The
store also carries a full
line of coin and stamp
supplies.

Itchy's Flea Market
1907 N. Providence Road
573-443-8275
[Sites.Google.com
/A/Hauptmanns.com
/Itchys](http://Sites.Google.com/A/Hauptmanns.com/Itchys)
Filled with antiques,
collectibles, and other
fun items, Itchy's Flea
Market provides a
nostalgic experience.

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accessories.

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& Antique Mall**
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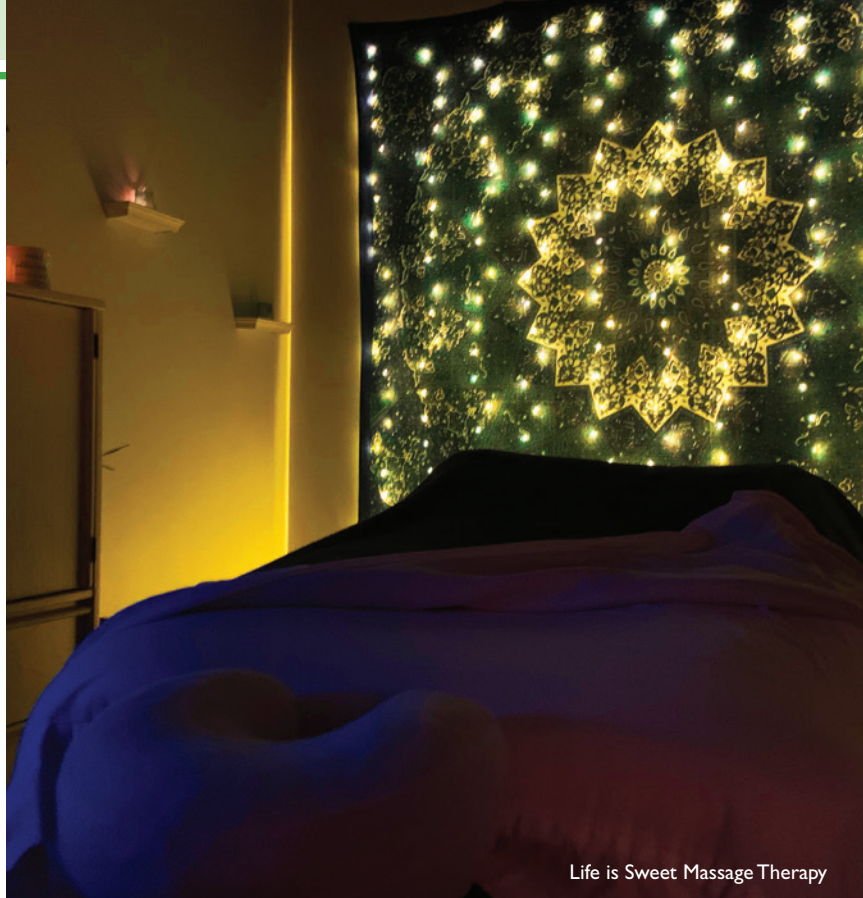
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MIND, BODY, & SPIRIT

With so many stresses in life, the importance of self care cannot be understated. Whether that looks like a deep-tissue massage or a fresh new haircut is up to you. Maybe some stretching is what you need, or a workout that gets the blood pumping. Seeking faith is a comfort for many. Whatever the preference is to unwind, Columbia has what you need for your mind, body, and spirit.



Life is Sweet Massage Therapy

Adaptable Pilates & Physical Therapy

300 St. James St., Ste. 101 & 102
573-474-3600
AdaptablePilates.com

alleyCat Yoga

17 N. 4th St.
573-864-4132 | AlleyCatYoga.com

Bella Asian Massage

1412 I-70 Drive SW, Ste. 102
573-397-3663
NewLineAd.Wixsite.com
/BellaMassage

BodyWorks by Massage

1034 E. Walnut St., Ste. B
573-881-1242 (Text Only)
BodyWorksByMassage.com

Chapel Hill Pilates & Yoga

2010 Chapel Plaza Court, Ste. A
573-446-0224
ChapelHillPilatesYoga.com

Clarity Float Spa

309 S. Providence Road
573-825-8788
ClarityFloats.com

The Clip Joint Salon & Spa

1608 Chapel Hill Road, Ste. A
573-445-3176
TheClipJointSalon.com

Dermistique Face & Body

221 N. Stadium Blvd., Ste. 105
573-447-1000
Dermistique.com

Element Cryotherapy

2901 W. Broadway, Ste. 115
573-214-2616
ElementCryo.com

Evolved Personal Training

200 E. Southampton Drive
573-289-2806
EvolvedPT.com

Fly Away Therapeutic Massage

19 E. Walnut St., Ste. A
573-220-4163
FlyAwayMassage.com

Green Meadows Hair Co. & Spa

209C E. Green Meadows Road
573-442-2244
GreenMeadowsHairCo.com

Heart, Body & Soul

1004 W. Worley St.
573-777-6771
HeartBodyAndSoul.org

Life is Sweet Massage Therapy

23 S. 4th St.
573-999-1646
LifelsSweetMassage.com

Massage Envy - Columbia

2703 E. Broadway, Ste. 131
573-446-3689
MassageEnvy.com

mk LUSH

110 N. 10th St., Ste. 7
573-449-8137
MKLush.com

MoonYoga

23 S. 4th St.
573-449-8137
MoonYogaMo.com

Pure Barre

3310 Bluff Creek Dr., Ste. 107
573-874-9006
PureBarre.com/Mo-Columbia

Regeneration Salon & Spa + Wellness

3301 W. Broadway Business Park Court, Ste. H
573-234-1560
RegenerationSalonSpa.com

Riversong Spa & Salon

1101 Club Village Drive, Ste. 101
573-447-1772
RiverSongSpa.com

Sumits Hot Yoga Columbia

505 E. Nifong Blvd., Ste. 103
573-474-9642
SumitsYogaColumbia.com

The Strand Salon & Spa

1100 Club Village Drive
573-875-3008
TheStrandSalonAndSpa.com

Yoga Sol

210 St. James St.
573-999-3903
YogaSol.org

Z Spa Massage

212 E. Green Meadows Road, Ste. 6
573-476-6768
ZSpa.us



PLACES OF FAITH

Columbia's religious community is diverse and inclusive with nearly 100 worship houses. Catholic and Protestant Christian churches hold services throughout the week, along with Buddhist, Muslim, Hindu, and Jewish congregations. For a complete listing, visit VisitColumbiaMo.com.

MissouriLife

MERCANTILE

We've Got A Lot in Store ... at Missouri Life Mercantile.

We're pleased to announce the opening of another terrific branch of *Missouri Life*: our *Missouri Life Mercantile*. When you're in Rocheport, come visit us at 208 Columbia Street.

Here's just a small sampling of what's in store at Missouri Life Mercantile:



Puzzles made from Washington photographer Tammi Elbert's own photographs, featuring scenes from around the state. They're a just-right fit for a gift.



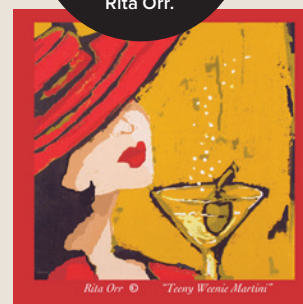
Scrimshaw from Eureka artist Michelle "Mike" Ochonicky, who has carved out a spot in the prestigious Directory of Traditional American Craftsmen 26 times.

Many items in the *Missouri Life Mercantile* are one-of-a-kind, and many are from Best of Missouri Hands juried artists. So come browse. With *Missouri Life Mercantile*, you've got it made (in MO)!

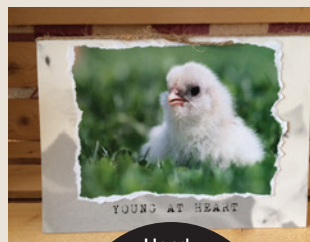
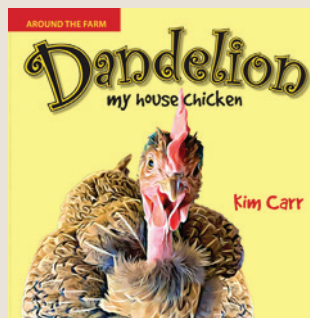
Speaking of browsing, there's plenty to peruse in the pages of *Missouri Life* magazine, too. Not a subscriber? Sign up today at MissouriLife.com.



Bright and bold tiles and serigraphs—great girlfriend gifts—from notable Lake of the Ozarks artist Rita Orr.



Functional or decorative fused glass art from Peggy King of Snowflake Glass in Columbia. Peggy's love of working with glass is clear, though her results are quite colorful!



Hand-made greeting cards or a children's book by New Florence animal photographer extraordinaire Kim Carr.





COURSE CORRECTOR

ADONICA COLEMAN PUSHES FOR POSITIVE CHANGE

Our city isn't the only Columbia that Adonica Coleman has called home. She and her husband, Demarko, lived in Columbia, Maryland, prior to moving here in 2007. The couple was raised in St. Louis, so when Demarko's company offered him a position here, they jumped at the chance to move their girls closer to family. And are we ever grateful our Columbia won out.

"My favorite part of living here is the sense of community, and it's a great place to raise a family," Coleman says.

She has enriched that sense of community immeasurably. She is a volunteer and serves on the boards of Granny's House, a multichurch effort that provides a place for youth who reside in public housing to gather, learn, and play; The BOLD Academy (Black + Brown Opportunity, Leadership & Development), which works to empower and uplift Black and Brown Girls through enrichment opportunities, leadership training, education, and positive identity; the Columbia Chamber of Commerce; and REDI (Regional Economic Development Inc.).

She was also an adjunct professor at Stephens College in the Events and Convention Management program. "That was another experience that I cherish," she says.

She's been a part-time coach at Missouri Women's Business Center (MoWBC), which provides resources, support, and networks for women seeking to grow or start their own businesses. As the owner of A2D events, "I was excited that I had knowledge to share and an outlet to share it," she says.

Coleman says she could count on her hands the number of female-minority-owned businesses she was aware of when she first came to town. As she got out more into the community, "I would run across a few but no huge numbers. Most during that time seemed to be hair salons and food services," she says. "Now I see so many more businesses owned by Black women in other arenas. It is great to see the growth even though we still have a ways to go. I will continue to do what I can to be a part of that change."

Her newest venture, The COMO 411, is a culmination of all her experiences in Columbia over the past six years. All her different roles made her realize "there are so many good things that happen in CoMo that people may not be aware of. So I created COMO 411 to become the hub of all things CoMo," she says. "We will do that through a new digital talk show that I host that launched in March, a website with a comprehensive community calendar, and extensive social media campaigns."

How does this wife and mom of four daughters find time for it all? "I only commit to things that fit into my circle of influence and concern. I feel like my voice in those spaces is necessary to the future of this community and how it is shaped," Coleman says. "I have daughters here and want to contribute as much as I can to this place that one or more of them might end up calling home."

sycamore

New American restaurant featuring local products, eclectic wine and beer list, specialty cocktails and local art.

Entire menu available for carry out.



800 East Broadway, Columbia
573-874-8090
SycamoreRestaurant.com



Columbia has a wide selection when it comes to lodging. From budget-friendly to conference centers and swimming pools to business centers, the combination of amenities you need at the price you desire is an easy fit to find.

AMENITIES

- Number of Rooms
- Indoor/Outdoor Pool
- Complimentary Breakfast
- Restaurant On-Site
- Wi-fi Available
- Pets Allowed
- Suites Available
- Exercise Facility
- Business Center
- Smoking Rooms
- Airport Transportation
- Meeting/Banquet Facilities
- Laundry

Best Western Plus

2904 Clark Lane
573-397-6471
BestWestern.com



The Broadway Columbia

1111 East Broadway
573-875-7000
TheBroadwayColumbia.com



Candlewood Suites

1400 Creekwood Pkwy.
573-256-0200
CandlewoodSuites.com



Comfort Suites

1010 W. Business Loop 70
573-443-0055
ChoiceHotels.com/MO169



Country Inn & Suites

by Radison
817 N. Keene St.
573-445-8585
CountryInns.com/ColumbiaMO



Courtyard by Marriott

3301 LeMone Industrial Blvd.
573-443-8000
Marriott.com/coucy



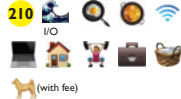
Drury Inn & Suites

1000 Knipp St.
573-445-1800
DruryHotels.com



Drury Plaza Hotel

3100 I-70 Drive SE
573-441-0090
DruryHotels.com



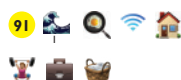
Extended Stay America

2000 W. Business Loop 70
573-445-6800
ExtendedStayAmerica.com



Fairfield Inn & Suites by Marriott

1115 Woodland Springs Court
573-886-8888
Marriott.com



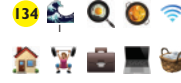
Hampton Inn Columbia

3410 Clark Lane
573-886-9392
ColumbiaMo.HamptonInn.com



Hampton Inn & Suites at MU

1225 Fellow's Place Blvd.
573-214-2222
ColumbiaUniversitySuites.HamptonInn.com



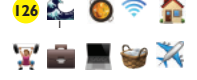
Hilton Garden Inn

3300 Vandiver Drive
573-814-5464
ColumbiaMo.StayHGI.com



Holiday Inn East

915 Port Way
573-474-4444
HIColumbiaEast.com



Holiday Inn Executive Center

2200 I-70 Drive SW
573-445-8531
HolidayColumbia.com



Holiday Inn Express & Suites, University Area

1402 Cinnamon Hill Lane
573-442-8034
IHG.com



La Quinta Inn & Suites

2500 I-70 Drive SW
573-445-1899
LQ.com



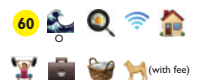
Motel 6

3402 I-70 Drive SE
573-815-0123
Motel6.com



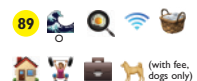
Quality Inn and Suites

801 N. Keene St.
573-449-4422
ChoiceHotels.com/mo388



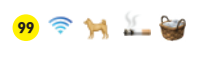
Ramada Inn & Suites

901 Conley Road
573-234-4459
Ramada.com



Red Roof Inn

201 E. Texas Ave.
573-442-0145
RedRoof.com



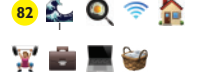
Residence Inn by Marriott

1100 Woodland Springs Court
573-442-5601
Marriott.com/couri



Springhill Suites

3415 Clark Lane
573-554-9024
Marriott.com/coush



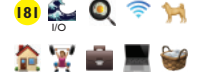
Staybridge Suites

805 N. Keene St.
573-442-8600
StaybridgeSuites.com/ColumbiaMO



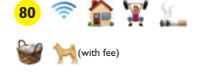
Stoney Creek Hotel & Conference Center

2601 S. Providence Road
573-442-6400
StoneyCreekHotels.com



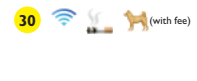
Suburban Extended Stay

3100 Wingate Court
573-817-0525
SuburbanHotels.com



Super 7

1306 Rangeline
573-442-3191
Super7MotelColumbia.com



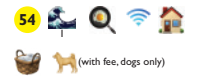
Super 8 - Clark Lane

3216 Clark Lane
573-474-8488
WyndhamHotels.com/super-8



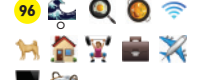
Super 8 - East

5700 Freedom Drive
573-474-8307
WyndhamHotels.com/super-8



TownePlace Suites Columbia

4400 Nocona Pkwy.
573-817-0012
TownePlaceSuitesColumbia.com



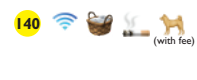
voco The Tiger Hotel

23 South 8th St.
573-875-8888
TheTigerHotel.com



Welcome Inn

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573-442-5850



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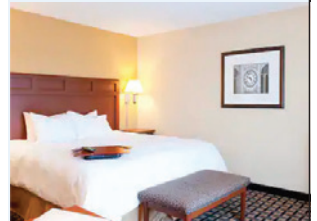
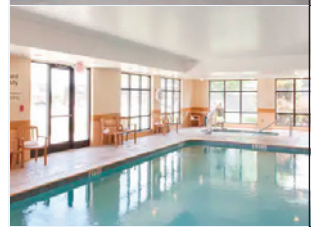
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