

# TEAM-BUILDING ACTIVITIES

Updated: Feb., 2022 - All content subject to change

## **ARCADES & BOWLING**

- ☐ **AMF Town & Country Lanes**
  - Bowling, billiards, arcade games and more
  - [AMF.com/location/AMF-town-country-lanes-mo](https://www.amf.com/location/AMF-town-country-lanes-mo)
- ☐ **Level Up Entertainment**
  - Bowling, laser tag, ropes course and more
  - [LevelUpTheFun.com](https://www.levelupthefun.com)
- ☐ **Silverball Bar**
  - Arcade games in the heart of downtown Columbia
  - [SilverBallBar.com](https://www.silverballbar.com)

## **AXE THROWING**

- ☐ **CoMo Axe Attack**
  - Like darts but bigger!
  - [CoMoAxeAttack.com](https://www.comoaxeattack.com)
- ☐ **The Axe House**
  - Throw axes and other weapons with your crew
  - [TheAxeHouseCoMo.com](https://www.theaxehouse.com)

## **ESCAPE ROOMS**

- ☐ **Breakout CoMo**
  - Choose from four rooms to escape from
  - [BreakoutCoMo.com](https://www.breakoutcomomo.com)
- ☐ **Mindbreak Escape**
  - Look for clues and solve puzzles to escape
  - [MindbreakEscape.com](https://www.mindbreakescape.com)

## **FUN & GAMES**

- ☐ **Midway Golf & Games**
  - Mini golf, go karts, yard games, laser tag and more
  - [MidwayGolfGames.com](https://www.midwaygolfgames.com)
- ☐ **Skyzone**
  - Indoor trampoline park with multiple game options
  - [Skyzone.com/Columbiamo](https://www.skyzone.com/Columbiamo)

## **ARTS & CRAFTS**

- ☐ **The Canvas on Broadway**
  - Paint a masterpiece with your team and an instructor
  - [TheCanvasOnBroadway.com](https://www.thecanvasonbroadway.com)
- ☐ **The Mud Room**
  - Create and paint your own pottery
  - [MudroomStudio.com](https://www.mudroomstudio.com)
- ☐ **Plume**
  - Make hand-made goodies or treats
  - [SomethingPlume.com](https://www.somethingplume.com)
- ☐ **Access Arts**
  - Creative learning experiences for groups big and small
  - [SchoolsOfService.org](https://www.schoolsofservice.org)

## **CULINARY**

### **Columbia Culinary Tours**

- Take a tour of downtown Columbia's cuisine
- [ColumbiaCulinaryTours.com](https://www.columbiaculinarytours.com)

- ☐ **Les Bourgeois Wine Tasting Tour**
  - Sample local Missouri Wines
  - [MissouriWine.com/visit-us/tasting-room/](https://www.missouriwine.com/visit-us/tasting-room/)

## **OUTDOORS**

- ☐ **Bouldering Garden Climbing**
  - Indoor & outdoor climbing courses
  - [TheBoulderingGarden.com](https://www.theboulderinggarden.com)
- ☐ **Venture Out**
  - Ropes and on-ground challenge courses
  - [VentureOut.missouri.edu](https://www.ventureout.missouri.edu)